



OSHER LIFELONG LEARNING INSTITUTE AT CSU CHANNEL ISLANDS



FALL II 2020

November 16 - December 19
Thanksgiving Break : November 23 - November 28

Cover Design:
BiJian Fan

FALL II 2020 SCHEDULE AT A GLANCE

Date / Time	Title	Weeks	Class #	Page
Monday 10AM – 12 PM	3,000 Years of History on Our CSUCI Campus <i>Instructor:</i> Colleen Delaney	4 weeks	1001	3
Monday 1PM – 3PM	The Quintessential American Art Form - Quilts Move From the Bed To the Wall <i>Instructor:</i> Charlene O'Rourke	4 weeks	1002	3
Monday 3:30PM - 5:30PM	The Short Story and American Identity <i>Instructor:</i> Robert Weibezahl	4 weeks	1003	4
Tuesday 1PM – 3PM	Eight Fascinating Presidential Couples <i>Instructor:</i> Jacqueline Berger	4 weeks	1004	4
Tuesday 3:30PM - 5:30PM	Historical, Cultural, and Literary Perspective of "The Book of Genesis" <i>Instructor:</i> Norm Cohen	4 weeks	1005	5
Wednesday 10AM - 12PM	Artists Who Happen to Be Women... Or the Reverse? <i>Instructor:</i> Christine Maasdam	4 weeks	1006	5
Wednesday 1PM – 3PM	Gender Fluidity in Shakespeare's England <i>Instructor:</i> Jinny Webber	4 weeks	1007	6
Wednesday 3:30PM - 5:30PM	Nonviolent Communication: Finding Common Ground Within Diversity <i>Instructor:</i> Renée Soule	4 weeks	1008	6
Thursday 10AM - 12PM	Meditations on Yoga in Mythology, History, Philosophy & Practice <i>Instructor:</i> Srinivas Chari	4 weeks	1009	7
Thursday 1PM - 3PM	<i>Island of the Blue Dolphins: The Real Story</i> <i>Instructor:</i> Susan Morris	4 weeks	1010	7
Thursday 3:30PM – 5:30PM	Musical Adaptations of Shakespeare Canceled <i>Instructor:</i> Gordon Williams	4 weeks	1011	8
Friday 10AM - 12PM	Brain Training <i>Instructor:</i> BiJian Fan	4 weeks	1012	8
Friday 1PM - 3PM	Finding Our Destiny, Our Highest and Best Self <i>Instructor:</i> Grace Hogstad	4 weeks	1013	9
Friday 3:30PM - 5:30PM	Lights, Camera, Action: Movies Made in Ventura County <i>Instructor:</i> Richard Senate	4 weeks	1014	9
Saturday 10AM - 12PM	Bruce Springsteen and the American Cultural Tradition <i>Instructor:</i> Clifford Wilcox	4 weeks	1015	10

***NOTE: There will be no classes held during Thanksgiving week (11/23-11/28).**

3,000 Years of History on Our CSUCI Campus | Class 1001

Mondays, 10:00 AM – 12:00 PM, 4-weeks (11/16 – 12/14)

California State University Channel Islands is known as the location of the former Camarillo State Mental Hospital. The campus also serves as a case study for examining changes in communities and land use in California over time. Archaeological surveys on campus, artifact analyses, and historic records together document shifts in human activities at this location. This presentation will outline the long term use of our campus area by a noteworthy variety of people: the Chumash and their ancestors, Mexican rancheros and vaqueros, Euro-American and Japanese farmers, WPA workers, mental health professionals, mental hospital patients, laborers at the hospital dairy/farm, and homeless members of the public.

Colleen Delaney, Ph.D., received her Master of Arts and doctorate from UCLA. She has taught archaeology and anthropology at CSUCI since 2007. Her current archaeological research focuses on the historic period (post AD 1769) of coastal California and the off shore islands.

The Quintessential American Art Form - Quilts Move From the Bed To the Wall | Class 1002

Mondays, 1:00 PM – 3:00 PM, 4-weeks (11/16 – 12/14)

Americans didn't invent quilt making, but long after bed coverings became factory products and quilt making died out in Europe, Americans continued making quilts. In a society that often silenced women's voices, and forbade their participation in art and politics, quilts became a way for women to speak out and to express their artistic ideas and political opinions. They elevated the simple bed covering to an art form. Quilt making continued from colonial times, through pioneer times, through wars at home and abroad, into modern times. While most quilters have been women, men have also participated, even more so in the modern era. In the 1970s, the quilt moved from the bed to the wall as an outspoken declaration that this was THE American art form. Since the 70s, quilting has grown exponentially in America, and has been enthusiastically adopted by Europe and Japan.

Charlene O'Rourke has been doing needlework for over 60 years. Mostly self-taught, she has taken classes from many leading fiber artists. She was a founding member of the Professional Art Quilt Alliance, the Chicago hub of the international art quilt movement. In 1994, Charlene earned the first Master Craftsman in Color certification ever awarded by the Embroiderers' Guild of America. Her work has won local and national awards. She has been teaching needlework, quilting, and color theory classes for shops and guilds since 1980. She has taught color workshops and given quilt history lectures for OLLI programs in northern California since 2014.

MONDAYS | COURSE DESCRIPTIONS

The Short Story and American Identity | Class 1003

Mondays, 3:30 PM – 5:30 PM, 4-weeks (11/16 - 12/14)

The short story, often relegated a backseat to the novel, is a vibrant and essential form of storytelling in its own right. Many of our country's greatest writers have used short fiction to explore myriad themes, particularly fundamental questions about what it means to be an American—or if we can even lay claim to a single national identity. In each class we will discuss two or three short stories, thematically rather than chronologically, discovering how American writers over the last two hundred years grapple with issues of identity, womanhood, race, war, the immigrant experience, and other cultural concerns. Students will find all the stories collected in *The Oxford Book of American Short Stories*, second edition, edited by Joyce Carol Oates. For the first class session we will discuss Oates's Introduction, Poe's "The Tell-Tale Heart," Anderson's "The Strength of God," and Hemingway's "Hills Like White Elephants."

Robert Weibezahl is a writer, editor, critic, and publishing industry veteran who has worked with Nobel laureates, Pulitzer Prize winners, and countless bestselling authors. The author of two novels and two award-nominated non-fiction books, as well as short stories and poems, he writes a monthly literary column for *BookPage*. Also an internationally-produced playwright, he has worked in theatre and film production. A lifelong learner himself, Weibezahl has an MA in Humanities, a BA in English, and an AA in Music, and has done coursework at *The School of Irish Studies in Dublin*, *The New School for Social Research*, and *UCLA*.

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TUESDAYS

Eight Fascinating Presidential Couples | Class 1004

Tuesdays, 1:00 PM – 3:00 PM, 4-weeks (11/17 – 12/15)

All couples have a unique relationship. Some appear to be effortlessly comfortable, and others struggle at every turn. The White House was home to a variety of personalities, all living under a blinding microscope. Some Presidential couples shared great love stories, while others were business partnerships. In a few cases, it was the spouse who wanted the presidency more than her husband. In others, it was the president's second wife who pushed him. Many shared a long history together, and a small handful had only met a few short months earlier. The lives and relationships of eight presidential couples will be explored. Come to know the Adamses, Reagans, Roosevelts, Clintons, Tafts, Hardings, Wilsons, and Tylers.

Jacqueline Berger has been writing and lecturing on *America's First Ladies* for the past 16 years. She's had the honor of speaking at six Presidential Libraries and countless organizations, associations and schools. She has also appeared on *First Lady Specials* for *The History Channel* and *C-SPAN*. Her presentations and books, "*Loves, Lies, and Tears, The Lives of America's First Ladies*", Vol 1 & 2, and *Leadership Secrets of America's First Ladies*, have earned her a reputation as "*The First Ladies Lady*."

TUESDAYS| COURSE DESCRIPTIONS

Historical, Cultural and Literary Perspective of “The Book Of Genesis” | Class 1005

Tuesdays, 3:30 PM – 5:30 PM, 4-weeks (11/17 - 12/15)

In this course, we will examine the first book of the Old Testament, Genesis, from historical, cultural, and literary perspectives. Is the bible “true”? Who wrote the bible? Who constituted its original audience? What was its purpose? How did it change and develop over time, from oral tales and documents originating over 3,000 years ago to a book revered by three major religions? We will consider and discuss such questions (and answer what we can) while we read portions of the Genesis text (in English translation). We will also look at artistic depictions of biblical subjects to see what they can tell us about attitudes towards the biblical stories through the ages.

***Norm Cohen, Ph.D.,** has a chemistry degree from UC Berkeley and has worked as a research chemist for 32 years. After “retiring” he taught chemistry and general science at Portland Community College and University of Portland. He also taught courses in Jewish music and Jewish humor at Portland State University and in American traditional music at Lewis & Clark College. Later, he offered adult education classes on science, American music, and the Bible at OLLI in Green Valley AZ and at other local institution. He has published several books and numerous articles.*

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WEDNESDAYS

Artists Who Happen to Be Women... Or the Reverse? | Class 1006

Wednesdays, 10:00 AM – 12:00 PM, 4-weeks (11/18 - 12/16)

Throughout the centuries it was said that to be an artist was a struggle ; how much more of a struggle was it for those artists who were women? In this course, we will explore the artistic creativity of women and how their life choices as wives, mothers, sisters and lovers affected their art, family and society. Who were the first women artists and what fueled their creativity? We will examine a range of artists and styles; Gentileschi to Merian, Vigée-Lebrun to Kollwitz, O’Keeffe to Bourgeois and beyond. As one half of the population, what are women’s representation in the art world and at what cost to their personal lives? We will look at their accomplishments, examine the societal challenges of their eras and the impact of their art, and gain perspective on their personal relationships - artistic, romantic, and familial. Most importantly, we will view the art they created.

***Christine Maasdam** holds a Master in Humanities and a Bachelor of Arts degree in Cultural Geography. Her art studies include The Courtauld Institute of Art in London, The Smithsonian Early Enrichment Center in Washington, D.C. and Antiquities Trafficking and Art Crime at the University of Glasgow. She is a graduate of the Art Crime Investigation Seminar led by Robert Wittman, founder of the FBI’s National Art Crime Team, and is a member of the International Foundation for Cultural Property Protection.*

Gender Fluidity in Shakespeare's England | Class 1007

Wednesdays, 1:00 PM – 3:00 PM, 4-weeks (11/18 - 12/16)

A strict delineation of gender and sexuality did not pertain in late sixteenth and early seventeenth century England. Portraits show men in 'effeminate' dress, while Moll Frith, the Roaring Girl, went about in male clothing. Onstage, female roles were played by boys and young men, layering audience responses. Cultural and Biblical dictates rested on a heterosexual model, but the words 'heterosexual' and 'homosexual' did not exist in English until 1892, neither as adjectives nor as nouns. Not until Oscar Wilde's notorious trials in 1895 did the identity 'homosexual' gain popular use. This course will look at gender fluidity in the time of Shakespeare, with examples from history, poetry and theatre. While Shakespeare's plays have resonated emotionally and psychologically to every era over time, some of the social practices of his day differed from our own. Optional background readings will be provided for the last three lectures.

Jinny Webber, Ph.D., Professor Emerita from Santa Barbara City College, is a playwright and author of historical fiction. Her focus in her classes is close reading and open discussion of texts.

Nonviolent Communication: Finding Common Ground Within Diversity | Class 1008

Wednesdays, 3:30 PM – 5:30 PM, 4-weeks (11/18 – 12/16)

Are you sometimes baffled by human behavior? Would you like to improve your communication skills? What about skillfully resolving conflicts? Do you enjoy a deeper understanding of historical events? Nonviolent Communication (NVC) can be very helpful in these areas. Marshall Rosenberg (1934-2015) developed Nonviolent Communication in order to facilitate empathic and skillful interactions between people by making clear distinctions between their feelings, needs, and strategies to meet needs. The goal of NVC is to find strategies where everyone's needs matter. Equally important is preserving people's dignity in situations where needs are not easily or immediately met. This course offers a basic understanding of Nonviolent Communication. We will explore the foundations of compassionate communication, developing coherent approaches to resolving conflict, and cultivating empathic understanding of human attitudes and behavior—including our own. Improving and deepening our communication skills also promotes fresh perspectives on historic and current events.

Renée G. Soule, Ph.D. has been developing and teaching ecopsychology for over 30 years in outdoor, classroom, and prison settings. In her work, wild nature and the human psyche are radically interdependent - each depending upon the vitality of the other. She engages environmental crises as a rite of passage presaging and promoting a new level of maturity commensurate with the challenges we face. Teaching classes about empathy and paths of accountability in San Quentin Prison for 13 years have taught her that people can, and indeed do, change. She is devoted to this caliber of change for all of us.

Meditations on Yoga in Mythology, History, Philosophy & Practice | Class 1009

Thursdays, 10:00 AM – 12:00 PM, 4-weeks (11/19 - 12/17)

The course will give an overview of the history of Yoga from ancient times to the present. It will cover Yoga as one of the schools of ancient Indian Philosophy and also the way it was viewed in Sanskrit epic literature and mythology. We will go over two of its seminal texts, the Yoga Sutra of Patanjali and the Gita from the Mahabharata. We will conclude with a brief account of its transmission to the West, especially America, from the time of the Transcendentalists to its present manifestations.

Srinivas Chari has an MA in Interdisciplinary History and Political Science from CSU Long Beach and a BS in Metallurgical Engineering. After a career in Materials Engineering, Management of Processes and Quality Assurance, he went back to school to study Liberal Arts. He has taught classes relating to Indian History and Indian Politics.

Island of the Blue Dolphins : The Real Story | Class 1010

Thursdays, 1:00 PM – 3:00 PM, 4-weeks (11/19 - 12/17)

Scott O'Dell's award-winning children's book *Island of the Blue Dolphins* is based on the life of a California Indian known as the Lone Woman of San Nicolas Island, who lived in isolation on an island off the coast of California from 1835-1853. Recent historical, ethnographic, and archaeological research has uncovered significant new details about why the Lone Woman stayed on San Nicolas Island for 18 years, after the other members of her community were taken to the mainland, and why she chose to leave the island and sail to Santa Barbara, California. This new information rewrites the Lone Woman's story and highlights the importance of locating original sources with primary information, such as American Indian, Spanish, Mexican, Russian, and American records, correspondence, and other documents, to give a more accurate account of the indigenous people of California whose lives were dramatically impacted by international commerce, colonialism, and conflict.

Susan Morris is a historian who has been engaged in Channel Islands research since 1987, working on archaeology, paleontology, geology, and biology projects on seven Channel Islands. Her focus of the past ten years has been historical research on the Lone Woman of San Nicolas Island for the Island of the Blue Dolphins website hosted by Channel Islands National Park. Morris has documented her discoveries in peer-reviewed articles, website texts, and public presentations. Her latest research into the California Indian interview notes of Smithsonian ethnographer John P. Harrington has revealed important new information about the Lone Woman's Nicoleño language.

THURSDAYS | COURSE DESCRIPTIONS

~~Musical Adaptations of Shakespeare | Class 1011 Cancelled~~

~~Thursdays, 3:30 PM – 5:30 PM, 4 weeks (11/19 – 12/17)~~

~~What is Shakespeare's appeal to composers? Is it his verse, plots, characters or a combination? We'll consider operas, ballets, musicals (even jukebox musicals), soundtracks, incidental music, and symphonic poems. We'll look at adaptations of major works such as "Romeo and Juliet", "Othello", "A Midsummer Night's Dream", and "Hamlet", as well as comedies such as "Twelfth Night" and "Taming of the Shrew". Composers like Berlioz, Britten, Tchaikovsky, Mendelssohn, Verdi, Purcell, Prokofiev, Saariaho, Shostakovich, Bernstein, Cole Porter, Walton and Elvis have all taken from the Bard's works. We will use our musical study to gain a new appreciation of Shakespeare's poetry and see whether the musical composers have matched Shakespeare's dramatic genius. In the end, we will gain a deeper appreciation of the Bard and the composers who have paid tribute to him, and a deeper sense of how the various arts nourish each other.~~

~~**Gordon Williams** has had a wide-ranging career in the arts. Most recently he wrote the Los Angeles reviews for "OperaWire" as well as teaching at OLLI-UCLA. Writing credits include the cantata "Journey to Horseshoe Bend" with composer Andrew Schultz at Sydney Opera House. Gordon has also been Editor of Publications for Australia's principal orchestras as well as a concert administrator whose credits include producing the first work for symphony orchestra by Indigenous Australian musicians. He has acted with Darwin Theatre Group ("Romeo and Juliet" and "Twelfth Night"), given pre-concert talks, and narrated at the Festival of (Mostly) American Music.~~

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FRIDAYS

Brain Training | Class 1012

Fridays, 10:00 AM – 12:00 PM, 4-weeks (11/20 - 12/18)

Cognitive training maintains mental fitness. It has been shown to produce positive and long lasting (5-10 years) effects on our memory, driving, and daily functioning. This workshop will introduce the emerging studies on cognitive training, dementia risks and mitigation. It will offer training activities on three core cognitive functions: memory to recall a list of given items, reasoning to identify a pattern of a series, and speed of processing to see objects in a flash. The positive effect has been shown on our daily life beyond the training activities. The majority of persons in these workshops have experienced immediate and significant memory improvement. (Course was previously given in 2019 and Spring 2020, with the course stopped due to the pandemic.)

BiJian Fan, Ph.D. received his B.S. and M.S. in Mathematics, and his Ph.D. in Mechanical Engineering. He spent most of his professional career in pharmaceutical research and development at Merck and Amgen. He has moved on to visual art, and has exhibited internationally and earned numerous recognitions. BiJian integrates art and science in his creative practice and exhibits and lectures scientific art internationally.

FRIDAYS| COURSE DESCRIPTIONS

Finding Our Destiny, Our Highest and Best Self | Class 1013

Fridays, 1:00 PM – 3:00 PM, 4-weeks (11/20 - 12/18)

It's never too late to know who we are meant to be! Psychologist Carl Jung states that we are not born blank slates, as once believed, but with a complete set of potentialities — in the same way that a seed bears the full blueprint of a tree. Jung calls this potentiality the archetype of the Self, which guides us from childhood to adulthood and beyond. Therefore, finding our destiny, our highest and best self, means listening to this inner guidance system. But often we fall prey to listening to the outside world for guidance. Instead we could look within to realize what lies in our unconscious, just waiting to be discovered. Join us for a journey of self-discovery in this introduction to our inner work: explore dreams; integrate the contents of the unconscious with our known personality; create a larger personality. Only then can we realize the wholeness that we are.

***Grace Hogstad, Ph.D.,** received her Doctor of Philosophy in Mythological Studies with Emphasis in Depth Psychology from Pacifica Graduate Institute and holds a Master of Arts degree in English, Creative Writing from CSU Northridge. Prior to her doctoral work, Hogstad operated her own real estate brokerage. She now teaches through her public speaking, writing, and life coaching.*

Lights, Camera, Action: Movies Made in Ventura County | Class 1014

Fridays, 3:30 PM – 5:30 PM, 4-weeks (11/20 - 12/18)

Starting in 1910, films have been shot in Ventura County. In fact, some of the best known films in cinematic history have been fully or partially made here: Valentino's "The Sheik" (made in Oxnard), "Robin Hood" (made at Lake Sherwood), "Lost Horizon" (Filmed at Ojai). Such classics as "Carrie" and "Back to the Future" (part III) were also made, in part, here in Ventura County.

***Richard Senate** earned a BA Degree in History from the California State University at Long Beach as well as attending classes at UC Santa Barbara. He worked as historian for the City of Ventura until he retired. He managed two historic sites and conducted tours for the city. He is the author of 20+ books. One of his popular works is a biography of Mystery writer Erle Stanley Gardner, who lived and created Perry Mason in Ventura.*

Bruce Springsteen and the American Cultural Tradition | Class 1015

Saturdays, 10:00 AM – 12:00 PM, 4-weeks (11/21 - 12/19)

Bruce Springsteen stands as one of America's true rock-and-roll superstars. In addition to commercial success, Springsteen has received serious critical acclaim. This course will explore Springsteen's development as an artist working within the same tradition as Walt Whitman, Hank Williams, Woody Guthrie, and Bob Dylan. We will also explore the key themes in his work, especially the American Dream, the power of love, and humanity's deep need for redemption. In short, we will listen to some great music and at the same time explore how Bruce Springsteen has influenced the development of contemporary American cultural history.

Clifford Wilcox, Ph.D., received his Doctor of Philosophy in American Intellectual History from the University of Michigan, Ann Arbor. He focuses on American cultural and political history as well as the role of ideas in American society. Wilcox has been an OLLI instructor since 2011, teaching courses on American political, intellectual, and cultural history as well as the history and politics of education in the United States.

**OSHER LIFELONG LEARNING INSTITUTE (OLLI) AT
CSU CHANNEL ISLANDS**

FALL II 2020 POLICIES AND INFORMATION

Key Dates

- ☑ Monday, November 2, enrollment begins.
- ☑ Monday, November 16, OLLI classes begin.

Levels of Enrollment

- **Basic Enrollment:** Pay \$40 for each 4-week class you wish to enroll in.
- **Session Enrollment:** Take unlimited courses per session for \$125 for individuals/ \$175 for couples.
- ***OLLI fee assistance program:** A portion of OLLI member donations are used to help members who need financial assistance to participate in courses. Members may apply for our fee assistance program by sending an email to OLLI@csuci.edu explaining your situation and listing a course you would like to take. There is a limited amount of financial assistance available per session.

New Membership Fee

The Osher Lifelong Learning Foundation requires participants to become members of their local affiliate (OLLI at CSUCI) and requires an *annual* fee of \$15 for membership. If you paid your OLLI membership in Fall I, do **NOT** pay again this session. If you have a hardship in paying fees, please contact OLLI@csuci.edu to discuss the fee assistance program.

Enrollment Options

- **Online:** The link to register online will be sent out prior to the registration date.
- **Phone:** For the first two weeks of enrollment (11/2 - 11/13), registration via telephone will take place on Monday, Wednesday, and Friday from 10AM-12PM. Please call (805) 437-2748 option 2 during those hours. Please have the 4-digit course number(s) (found in the catalog) for the courses you wish to enroll in.
- * To **drop** a course, please call (805) 437-2748 option 2 or email OLLI@csuci.edu for further assistance. A confirmation email will be sent to you if your drop application was completed.

Payment Options

- **Online Credit Card:** Pay using a credit card during online enrollment. Convenience fee will *not* be applied.
- **Check:** Mail a check, payable to CSUCI with "OLLI" in the memo line, to CSUCI, One University Drive, Sage Hall 2109, Camarillo, CA 93012