

OLLI Insider Volume 26 (September 2025)



Greetings OLLI members! The Fall I classes are still in session, and we hope you are enjoying those classes. It is almost time for Fall II 2025 session registration. The catalog for the Fall II session is available on our <u>CSUCI OLLI</u> website. <u>Registration</u> for Fall II begins on October 6th, and the session runs from October 20th through December 5th. During this Fall II session, we are offering 9 sixweek courses. As a benefit of your membership with OLLI at CSUCI, you also have the opportunity to

register for 22 additional Zoom courses through Osher Online, which begin in January! Check out the Fall II calendar on the next page and view the full class descriptions in our catalog!



Fall II OLLI at CSUCI Course Calendar

Calendar Overview | OLLI at CSUCI Courses

Day	Time	Location	Title	Weeks	Class #	Start Date
Mon	10am-12pm	CSUCI/Zoom & In-Person	Environmental (In)Justice in the South and Central Coast (Instructor: Ferguson)	6	1001	10/20
	1-3pm	CSUCI/Zoom & In-Person	Last Human Standing: The Evolution and Peopling of the World by Homo sapiens (Instructor: Curtis)	6	1002	10/20
Tues	1-3pm	CSUCI/Zoom & In-Person	Understanding the Deep Structures of Culture: Tools for Preparing for Your Next International Vacation (Instructor: Henchy)	6	1003	10/21
Wed	10am-12pm	Zoom	Siberia: Russia's Frozen Wasteland or Its Economic Heartland? (Instructor: Pereltsvaig)	6	1004	10/22
	1-3pm	CSUCI/Zoom & In-Person	Health and Longevity Optimization in the Modern Age (Instructor: Frochtzwajg)	6	1005	10/22
Thurs	10am-12pm	SCIART/Zoom & In-Person	The Reconstruction Era (1865-1877) (Instructor: Garlington)	6	1006	10/23
	1-3pm	Zoom	The Baroque: St. Peter's to St. Paul's Part 1 (Instructor: Zoraster)	6	1007	10/30
Fri	10am-12pm	Zoom	What the Heck Happened to My Country? (Instructor: Baker)	6	1008	10/24
	1-3pm	GACC (In- Person Only)	Between the Wars: America 1917— 1941 through the Lens of Short Fiction (Instructor: Weibezahl)	6	1009	10/24

CSUCI - California State University Channel Islands

COLV - The Colleges of Law, Ventura

SCIART - Studio Channel Islands Art Center

GACC - Goebel Adult Community Center

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Meet Rebecca Fox

Rebecca Fox has been a dedicated OLLI volunteer for over twelve years and is currently a member of the curriculum committee.

Rebecca was born in Kansas City, Missouri, while her father was a Radiology resident, finishing his training as a Physician. Upon completion of his training the family moved to Oxnard where Rebecca's father practiced medicine. Rebecca graduated from Oxnard high school and attended UC Santa Barbara, with a major in psychology, planning to be an elementary school teacher. After graduating with her bachelor's degree, she experienced some hurdles in her pursuit of becoming a teacher, so she decided to continue her education at Humbolt State University in northern California, where she graduated with an M.A. in School Psychology.



Upon her graduation Rebecca joined Ventura County Office of Education as a School Psychologist primarily

Office of Education as a School Psychologist primarily in special education as well as regular education. In her position she performed cognitive assessments, provided behavioral assistance, and conducted group counselling for children with various challenges such as autism, down syndrome, and cerebral palsy. Even though her job was challenging, she had a great network of teachers as well as a supportive director, all of whom made the work little less stressful. Rebecca retired from her position after 32 years of service.

Just prior to her retirement, a coworker introduced Rebecca to OLLI. In 2012 she began taking OLLI classes and subsequently became a volunteer and a member of the Curriculum Committee. As a student she enjoys a variety of classes including art history, history of different countries, architecture, astronomy, and some science related classes. She has made some good friends through in-person classes, and she enjoys OLLI local field trips. On the curriculum committee, Rebecca enjoys reviewing the new proposals, learning about the new instructors, and being involved in advisory council meetings.

In addition to OLLI, Rebecca volunteers as an usher at Rubicon Theater in Ventura, where she has been a season ticket holder for twenty years. She got her art background through her father and is a docent at Santa Paula Art Museum. Rebecca plans to continue to be involved with OLLI because "I've been a curious person most of my life and love to learn; I also enjoy seeing my longtime OLLI friends, making new friends and going on field trips."

Shared Interest Groups

We are thrilled to have launched Shared Interest Groups (SIGs), a new program initiative that provides more opportunities for OLLI members to connect and learn together outside of classes! SIGs are member organized and led groups formed around a common interest or hobby. These groups are informal, social, and fun. They're a great way to meet people who share your passions and create new connections in our OLLI community, and they are free to join with OLLI membership. Please visit our website to learn more about SIGs, propose a new group, or join a group!

Current SIGs available to join:

- Channel Islands Interest Group
- o Beer Research Group (waitlist only)
- Silver Lotus Yoga
- o Movie Group
- International Traditions Collaborative: Skills, Crafts and Stories from Around the World
- o Community Singing for Social Activation and Personal Healing
- Mah Jong Group
- o Laughter Wellness Group
- o Qigong Breathwork

You can learn more about these SIGs and join them on our SIG Directory!

Call for Volunteers - Make your mark on OLLI at CSUCI!

Do you have great ideas for local day trips or a knack for event planning? Do you have a passion for storytelling and want to help create our bimonthly newsletter? Do you want to be a part of growing our volunteer base? Our volunteer support directly contributes to the strength and vitality of our program. Volunteering with OLLI not only makes a positive impact on our program and community – it is also a meaningful way to stay socially connected outside of the classroom and develop long lasting friendships.

We are specifically seeking volunteers to join the following teams:

- Communications Team, which includes opportunities to create our bimonthly newsletter & conduct outreach to local media outlets
- Volunteer Team, which includes opportunities to speak with OLLI members to help find volunteer opportunities that meet their interests
- Events Team, which includes opportunities to plan our program events & day trips

You can learn more about our Volunteer Teams and Leadership positions on our <u>Volunteer page</u> and connect with our current Volunteer Team Chair by filling out the <u>Volunteer Interest form</u> on our website. We'd love to help you find a role that aligns with your skills, strengths, and interests!

Upcoming Events Commemorative Air Force Museum



On October 17th, CSUCI OLLI members will have an opportunity to tour Southern California Wing of Commemorative Air Force Museum (CAFSoCal) in Camarillo. This is a free self-drive tour. Prior registration, and a \$15 donation at the door is required. The guided tour will start at 10:00 am and take approximately two hours. The Commemorative Air Force (CAFSoCal) is an all-volunteer organization, with members from all walks of life, dedicated to preserving the history of combat aircraft which were flown by all the military services of the United States. The Museum is located at 455 Aviation Dr. in Camarillo.

Getty Villa- Kingdom of Pylos



On December 8th, OLLI members will have an opportunity to visit Getty villa to view the new exhibit Kingdom of Pylos – Princess of Ancient Greece. There will be two docent guided tours, first at 12:00 noon and the second at 2:00 pm. This is a free, drive yourself tour, but you must register to receive a parking pass. The attendees are to gather outside the gift shop, 10 minutes before the start of the tour. Registration opens November 6th.

Food Share Ventura County



On December 11th, between 9:00 am and 11:00 am, OLLI members will volunteer to create Senior Food Boxes at Food Share Ventura County. The event requires 25 volunteers. This is a drive yourself, free event that requires pre-registration. Registration opens November 13th.