



# OSHER LIFELONG LEARNING INSTITUTE (OLLI)



**OLLI opens doors of knowledge**



Channel Islands  
CALIFORNIA STATE UNIVERSITY

**Spring I 2020**  
Registration Begins January 6  
Classes Begin January 27

# WELCOME

## GREETINGS OLLI MEMBERS!

As we prepare to embark on a new session of learning, I would like to thank you all for your continuous support and active engagement in the program. As a new member of Extended University and the OLLI program, I am also thankful for your warm welcome and willingness to help me get acquainted. Life is full of surprises and together we have endured through some challenges within OLLI, but with your continued support I look forward to seeing the program flourish and grow.



It has been inspiring to see your support through volunteering for Fall and Taste of OLLI registration. Enrollment would not have been possible without the contribution of our dedicated OLLI volunteers. The support of our OLLI members extends far beyond Sage Hall and Broome Library. In collaboration with OLLI, the Veterans Resource Center was able to put together 34 boxes and 50 letters to send overseas to military personnel.

As a lifelong learner myself, I have a tremendous appreciation for the work that OLLI does for the CSUCI community. OLLI members will be introduced to a variety of new courses in Art, Film, Psychology, and more. Whether learning about Ancient Empires, exploring the Twilight Zone and the Outer Limits or understanding the Buddhist perspective on Compassion, I believe that our catalog holds a class for anyone with a thirst for knowledge.

We at Extended University hope you have an enjoyable Spring I session and look forward to seeing you in class.

***Michael Trainor***

*OLLI Program Coordinator*

## MISSION

The Osher Lifelong Learning Institute (OLLI) at California State University Channel Islands brings the excitement and stimulation of college learning to area adults (50 or better!) who wish to extend their learning experiences in a university atmosphere.

# SPRING I 2020 SCHEDULE AT A GLANCE

(Continued on page 2)

	TIME	LOCATION	TITLE	WEEKS	CLASS #	PAGE
MON	10-12	CSUCI	Proteins: Marvelous Molecular Machines ( <i>Instructor: Stellwagen</i> )	8 wks	2849	3
	10-12	Agoura	Substance Abuse, Current Issue ( <i>Instructor: Snibbe</i> )	1 <sup>st</sup> 4 wks*	2851	3
	10-12	CMATO	Country Music: The First 50 Years ( <i>Instructor: Ginell</i> )	8 wks	2852	4
	1-3	CSUCI	Live TV Comedy From the 1950's ( <i>Instructor: Santa Maria</i> )	8 wks	2853	4
	1-3	Agoura	Two Centuries of American Art: 1776 to 1976 ( <i>Instructor: Zoraster</i> )	8 wks	2854	5
TUE	10-12	CSUCI	Gotham Rising: The History of New York City 1860-2000 ( <i>Instructor: Parsons</i> )	8 wks	2856	6
	10-12	CMATO	Ancient Empires ( <i>Instructor: Hanson</i> )	4 wks	2857	6
	10-12	Leisure	Mysteries of the Cosmos ( <i>Instructor: Clifford</i> )	8 wks*	2858	7
	1-3	CSUCI	Medical Anthropology ( <i>Instructor: Armanino</i> )	8 wks	2859	8
	1-3	CMATO	A Survey of the Blues: An American Music Tradition ( <i>Instructor: Neff</i> )	8 wks	2860	8
WED	10-12	CSUCI	The Female Contribution ( <i>Instructor: Garlington</i> )	8 wks	2861	10
	1-3	CSUCI	Mind Bending TV - The Twilight Zone vs. The Outer Limits ( <i>Instructor: Weisman</i> )	8 wks	2862	10
	1-3	VACE	Current Issues and Election Politics ( <i>Instructor: Dorrance</i> )	8 wks	2863	11

# SPRING I 2020 SCHEDULE AT A GLANCE

	TIME	LOCATION	TITLE	WEEKS	CLASS #	PAGE
THURS	10-12	CSUCI	Contemporary American Family Novels <i>(Instructor: Diffner)</i>	8 wks	2866	12
	10-12	Studio	Atheism: Examination of an Idea <i>(Instructor: Garlington)</i>	8 wks	2867	12
	1-3	CSUCI	Alexandria, City of Mirages <i>(Instructor: Hagel)</i>	8 wks	2868	13
	1-3	VACE	Perry Mason & the case of the Literary Lawyer Erle Stanley Gardner <i>(Instructor: Senate)</i>	1 <sup>st</sup> 4 wks	2869	14
	1-3	VACE	The Great American War, Disney vs. Fleischer <i>(Instructor: Senate)</i>	2 <sup>nd</sup> 4 wks	2870	14
FRI	10-12	CSUCI	Train Your Brain <i>(Instructor: Fan)</i>	2 <sup>nd</sup> 4 wks	2871	15
	10-12	Studio	A Buddhist Perspective on Compassion <i>(Instructor: Sacks)</i>	4 wks	2872	15
	10-12	Ojai	The Female Contribution <i>(Instructor: Garlington)</i>	8 wks	2876	16
	1-3	CSUCI	Reading Faulkner <i>(Instructor: Vail)</i>	8 wks	2873	16
	2-4	Ojai	Virginia Woolf and Time <i>(Instructor: Webber)</i>	8 wks	2874	17
SAT	10-12	CSUCI	The American Dream: History & Future of an Idea <i>(Instructor: Wilcox)</i>	8 wks	2875	18

\* see class description for class dates

Visit us online at [GO.CSUCI.EDU/OLLI](http://GO.CSUCI.EDU/OLLI) or search “**OLLI CSUCI**”  
for the most up-to-date info on the program.

# MONDAYS

## **Proteins: Marvelous Molecular Machines** | Class 2849

CSUCI Broome Library 2325

Mondays, 10:00 AM – 12:00 PM, 8-weeks (1/27 – 3/16)

Most of the things that happen in our bodies and in all living organisms involve proteins. These wonderfully intricate and diverse molecules arise from information encoded in the genes. Proteins assume specific three-dimensional shapes that enable them to carry out most functions necessary for life. Among their many actions are to control the rates of biochemical reactions, to transport substances in and out of cells and around the body, to defend against disease-causing organisms, to participate in signaling and communication pathways, and to allow us to move, see, reproduce, etc. Using a number of specific examples, we will examine how proteins are able to accomplish so many marvelous things. (Course was offered in Winter 2016.)

***Robert Stellwagen, Ph.D.**, received his training in biochemistry with a Bachelor of Arts from Harvard University and a doctorate from the University of California Berkeley. He conducted postdoctoral research at the National Institutes of Health and University of California San Francisco before joining the faculty of the University of Southern California. At USC, he taught biochemistry, molecular biology, and genetics and carried out laboratory research in the School of Medicine.*

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## **Substance Abuse, Current Issue** | Class 2851

Agoura Hills Recreation & Event Center

Mondays, 10:00 AM – 12:00 PM, 1st 4-weeks (1/27, 2/3, 2/17, 2/24)

This course will explore the complex human, corporate and social issues associated with substance abuse in our society. The various drugs, both legal and illegal, will be reviewed. A full-bore review of the opioid crisis will be presented. A personal story of addiction and recovery will be shared with the class. A detailed review of treatment methods will be examined, along with current trends in addiction science. The role of government action or inaction along with medical insurance issues remain controversial.

***John Snibbe, Ph.D.**, received his doctorate at the University of Utah and has worked for LAPD and the Sheriffs' Department in Los Angeles. He managed Mobile Psychiatric Emergency services for LA County and has worked with the homeless and mentally ill offenders in jail and state hospitals.*

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## **Country Music: The First 50 Years** | Class 2852

California Museum of Art Thousand Oaks (CMATO), The Oaks Mall  
Mondays, 10:00 AM – 12:00 PM, 8-weeks (1/27 – 3/16)

In the 1920s, record companies discovered a market for rural music and began a search for performers to cater to new audiences. Originally called "hillbilly music," it developed over the years and spread to all corners of the country, including musical branches like cowboy songs, bluegrass, honky-tonk, western swing, and rockabilly. Each of these will be dealt with in this comprehensive course that shows that country music traveled further than just Nashville's Music Row & the stage of the Grand Ole Opry. The class will trace the major developments in country music from its inception into the 1970s, focusing not just on the well-known hitmakers, but including commentary about producers, A&R men, sidemen, and songwriters. This class corrects many of the misconceptions and omissions in Ken Burns' otherwise laudatory series on PBS. (Course was offered in Winter 2015.)

***Cary Ginell** is a Grammy-nominated music historian, author of 10 books on American music, and contributor to "The Encyclopedia of Country Music." For 11 years, he hosted a country radio program on KCSN-FM in Northridge and also instigated the station's traditional country format, which explored country music history dating back to the early 1920s. He received his master's degree in folklore from UCLA.*

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## **Live TV Comedy From the 1950's** | Class 2853

CSUCI Broome Library 2325  
Mondays, 1:00 – 3:00 PM, 8-weeks (1/27 – 3/16)

Come and meet television's pioneers of comedy as they bring their years of experience to the new medium of television. We will look at Mr. Television, Milton Berle, and the people who followed and helped to refine the art form. In addition, we will view clips from Sid Caesar's Show of Shows, Abbott and Costello, Martin and Lewis, Jimmy Durante, Ed Wynn, Eddie Cantor, and many more. No laugh tracks here...just live laughter and lots of fun.

***Nicholas Santa Maria** was born in Brooklyn and raised on vintage film. He was a born performer and appeared on Broadway in "Grease!" and "The Producers." He has appeared in film, television, commercials, and radio, and has written for magazines and fan publications. He is a published film historian; his book "Comedy Crazy, 60 Essays about Vintage Comedy" is awaiting publication.*

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**Two Centuries of American Art: 1776 to 1976** | Class 2854

Agoura Hills Recreation &amp; Event Center

Mondays, 1:00 – 3:00 PM, 8-weeks (1/27 – 3/16)

This course explores the uniquely American art form that emerged out of the British style and traces its development during the burgeoning nation's first two centuries. Our exploration begins with the Hudson River School, a mid-19th century movement of landscape painters influenced by Romanticism, and leads up to the pinnacle moment of the 1913 American Armory Show that marked the dawn of Modernism in America. Other highlights include: the Ashcan artists, best known for works portraying scenes of daily life at the beginning of the 20th century in New York—often in the city's poorer neighborhoods; American Regionalism of the 1930s, which depicted realistic scenes of rural and small towns mostly in the Midwest and Deep South; the WPA's Federal Art Project, which employed more than 5,300 artists; and the inimitable developments of Abstract Expressionism and Pop Art.

***Katherine Zoraster*** is a contextual art historian with a Bachelor of Arts from University of California Los Angeles and a Master of Arts from California State University Northridge. She is an adjunct Professor of Art History at Moorpark College, California State University Northridge, and the Los Angeles Academy of Figurative Art. Zoraster's approach to the history of art is to give a full picture of how and why a work of art is a reflection of its specific time period.



# TUESDAYS

## **Gotham Rising: The History of New York City, 1860-2000**

CSUCI Broome Library 2325

Class 2856

Tuesdays, 10:00 – 12:00 PM, 8-weeks (1/28 – 3/17)

How did New York develop as the preeminent American metropolis? What historical forces made the city? This course will examine the political, social, and cultural history of New York City, starting with its dramatic role in the Civil War and continuing through the course of the late 19th and 20th centuries. Our focus will be on the major historical shifts of each era, and how those shifts were experienced by the diverse social groups that have made the city their home. From the bosses and gangs of the machine era, to immigrant workers filling the factories, to the poets and writers of the Harlem Renaissance, we'll discover the voices of New York's incredible past.

***David Parsons, Ph.D.**, received his Doctorate in History from the Graduate Center of the City University of New York (CUNY). He is a professor and writer whose work focuses on the political, social, and cultural history of 20th century America. He has taught courses in U.S. history at CUNY and New York University, and hosts a long-running weekly podcast on history and politics called *The Nostalgia Trap*. His book, *Dangerous Grounds: Antiwar Coffeeshouses and Military Dissent in the Vietnam Era*, explores links between the civilian peace movement and the American military.*

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## **Ancient Empires | Class 2857**

California Museum of Art Thousand Oaks (CMATO), The Oaks Mall

Tuesdays, 10:00 AM – 12:00 PM, 1st 4-weeks (1/28 – 2/18)

In the early civilizations of Eurasia, it was difficult and rare for a single political and military authority to control large expanses of territory. But in the first millennium BCE, a combination of factors led to the establishment of large scale empires first in the Middle East, and then spreading to Greece, India, and China. We will examine the motives, methods, technology, and ideology that enabled powerful leaders to create and rule huge territories in an age of limited communications. We will also discuss some of the legacies of these empires.



**Paul Hanson, Ph.D.**, is Emeritus Professor of History at California Lutheran University. His Ph.D. in South Asian and Middle Eastern History is from the University of Chicago. Twice a Fulbright Scholar in India, his research has focused on the relationship of religion and political legitimacy in Islamic empires. Other fellowships have funded further studies in London, Sri Lanka, and Jordan. Winner of the President's Award for Teaching Excellence, his classes use many of his own photographs taken during his travels in over 45 countries. He was a founding board member of the South Asian Studies Association.

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## **Mysteries of the Cosmos** | Class 2858

Leisure Village Recreational Center

*You must be enrolled to gain entry to Leisure Village*

Tuesdays, 10:00 AM – 12:00 PM, 8-weeks (1/28, 2/4, 2/18, 2/25, 3/3, 3/10, 3/17, 3/24)

Have you wondered about our place in the cosmos on the Pale Blue Dot, planet Earth? Then take a fantastic journey through our solar system, past our cosmic neighbors and deep into space to explore exotic phenomena like quasars, black holes and gamma-ray bursts. Join recent satellite visits to the planets and their fascinating moons with underground oceans. Search for exoplanets, possibly with conditions for life in other star systems. Discover that we all came from stardust, spread in planetary nebulae and supernova explosions. Trace the universe back to a billionth of a second after the Big Bang. See a baby picture of the early universe in the cosmic microwave background. Investigate the dark matter and dark energy that makes up 95% of our observable universe. The Cosmos is a fascinating place to visit. (Course was offered at Studio Channel Islands in Spring II, 2019)

**Jerry Clifford, Ph.D.**, has spent over 40 years as a research scientist and educator after receiving a Doctor of Philosophy in Nuclear Physics at Iowa State University. As an Air Force officer, he taught physics at the Air Force Academy, worked on nuclear weapons programs, studied particle beams for Reagan's Star Wars, and worked in the Office of the Secretary of Defense. Before anti-terrorism was in vogue, Clifford worked on new technologies to detect explosives in luggage for airport security. Clifford has been teaching physics and astronomy at CSUCI, and to OLLI, since 2004.

## **Medical Anthropology | Class 2859**

CSUCI Broome Library 2325

Tuesdays, 1:00 – 3:00 PM, 8-weeks (1/28 – 3/17)

The study of Medical Anthropology involves the use of anthropological concepts and methods in the study of health, disease, and healing. The range of research in Medical Anthropology is as diverse as human culture. Many come to the field to study medical systems of the "Other" such as Shamanism. Some are drawn to the field in hopes of discovering what made disease rates increase in ancient societies. Still others hope to understand the source of current health problems both in the United States and abroad or what existed before western Biomedicine practice. Western practitioners of medicine need to bridge the cultural intersections in diverse patient populations, seeing patients as people needing healing versus problems needing a cure. We will explore these topics and more in our eight weeks together. Our hope is that you find this course to be both engaging and enlightening as we explore this fascinating world and make the strange familiar and the familiar strange.

***Daniel Armanino, Ph.D.**, is a Lecturer in the Sociology Program at CSU Channel Islands. Prior to coming to CI, Armanino earned his Doctorate in Sociology from UC Santa Barbara (2016); M.A. in Social Sciences from the University of Chicago (2006); and B.A. in Anthropology from Humboldt State University (2000). Armanino's areas of specialization are social theory, political sociology, organizations and culture. His current research interests are in the areas of globalization, especially as they pertain to the fields of global civil society, economy, and governance.*

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## **A Survey of the Blues: An American Music Tradition | Class 2860**

California Museum of Art Thousand Oaks (CMATO), The Oaks Mall

Tuesdays, 1:00 – 3:00 PM, 8-weeks (1/28 – 3/17)

This course examines the rich American history of blues music, from its Mississippi Delta beginnings, its later migration to Chicago blues, to the variety of forms heard today. This indigenous art form has had a profound influence across the musical spectrum, from early "rock & roll" to current popular music. We will include an extensive study of seminal figures such as Robert Johnson, Muddy Waters, and John Lee Hooker. An exploration of sociological conditions that parallel the development of the blues will be drawn. Standard blues forms and their variations will be discussed and demonstrated. Students will develop

an understanding of the similarities and differences of styles such as delta blues, jump blues, blues-rock, and zydeco. (Course was offered pre 2015.)

**Peter Neff** is a composer and guitarist. His compositions can be heard in numerous movies, television shows, recordings, and commercials, including "Parks and Recreation," "30 Rock," "The Sopranos," "Saturday Night Live" and "Nova." He has performed with Smokey Robinson, Wilson Pickett, Eartha Kitt, John Raitt and Petula Clark. He holds a Bachelor of Music degree from Berklee College of Music and a Master of Music degree from the University of Miami.



# WEDNESDAYS

## **The Female Contribution** | Class 2861

CSUCI Broome Library 2325

Wednesdays, 10:00 AM – 12:00 PM, 8-weeks (1/29 – 3/18)

This class will briefly examine the contributions of thirty-two women in a variety of areas of human endeavor ranging from religion and philosophy to science, art, politics and athletics. These will include, among many others, Saint Theresa of Avila, Hannah Arendt, Marie Curie, Georgia O' Keeffe, Indira Gandhi and Yvonne Goolagong. In each case, we will look at both the biographical details as well as the legacy of the individual.

***William Garlington, Ph.D.**, has a Bachelor of Arts and Master of Arts in History from UCLA and a Doctorate in Asian Studies and Sociology from the Australian National University. He has taught at all academic levels on three continents and carried out sociological/anthropological fieldwork in India. His main academic interests are the sociology of religion and the history of ideas.*

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## **Mind Bending TV - The Twilight Zone vs. The Outer Limits**

CSUCI Broome Library 2325

Class 2862

Wednesdays, 1:00 – 3:00 PM, 8-weeks (1/29 – 3/18)

At their best, the original Twilight Zone and Outer Limits television programs accurately reflected the anxiety and paranoia of early 1960's America. Under the cloak of fantasy and science fiction, both shows explored areas of society and humanity that were unprecedented on national TV at the time. Slipping under the radar of prevailing censorship, both shows managed to deal with taboo themes in mature and thoughtful ways. In this course, we will explore the similarities and profound differences between the two series and, through their best episodes, form a portrait of a time that now seems so far away and yet not so different from our own.

***Matthew Weisman** received his Master of Fine Arts in Film from Columbia University School of the Arts where he also taught classes in cinema studies and directed the Cinematheque Film program. A professional screenwriter and producer, he taught graduate screenwriting at the University of Southern California's School of Cinematic Arts for 15 years. He is a retired member of the Writers Guild of America.*

**Current Issues and Election Politics** | Class 2863

Ventura Adult & Continuing Education (VACE), Ron Halt Classroom  
Wednesdays, 1:00 – 3:00 PM, 8-weeks (1/29 – 3/18)

The procedures, politics and outcomes of the 2020 Presidential Election will be the special focus of this course, along with Congressional elections and selected current issues. The build-up and results of several primaries and caucuses will be analyzed. How candidates' debate issues, such as health care, environmental remedies, immigration policy, education and foreign policy, will be discussed. The Electoral College Map will be studied to identify campaign strategies and demographic, political trends. The dynamics of opinion polls, endorsements, ideologies and media coverage will be studied. Campaign financing sources, statistics and the impact of Supreme Court decisions will be interpreted. Questions and observations by students will be encouraged.

***Carolyn Dorrance, Ph.D.***, is a graduate of Mount Holyoke College, Columbia University, and UC Santa Barbara. Her special fields of study are political philosophy, constitutional law, and international relations. She taught at the College of William and Mary and was a founding member of Oxnard College, where she taught in three fields for 39 years. She is currently serving as the president of the Institute of World Culture, a lifelong learning program in Santa Barbara.





# THURSDAYS

## **Contemporary American Family Novels** | Class 2866

CSUCI Broome Library 2325

Thursdays, 10:00 AM – 12:00 PM, 8-weeks (1/30 – 3/19)

Recent years have delivered new ways of thinking about American families, and literature has reflected this cultural shift. Join the conversation as we read and discuss three topical novels about what it means to be a family today. At our initial class meeting, we'll cover the first half of Richard Kramer's "These Things Happen," which portrays a New York teenager and his two sets of parents. Next, we'll dive into Lauren Groff's "Fates and Furies": the story of a 24-year marriage told from two perspectives. We'll finish with "The Immortalists," by Chloe Benjamin, which examines destiny, choice and the never-ending pull of family bonds.

***Shannon Diffner** holds a Bachelor of Arts and a Master of Arts in Literature from San Francisco State University. She has worked in the entertainment industry for more than 20 years, taught college-level English composition and literature, and has been an instructor for the Osher Lifelong Learning Institute since 2005. She is co-owner of Scarlet Letters Copywriting, a small business specializing in writing content for marketing and advertising use.*

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## **Atheism: Examination of an Idea** | Class 2867

Studio Channel Islands Art Center

Thursdays, 10:00 AM – 12:00 PM, 8-weeks (1/30 – 3/19)

How have human cultures across time and space expressed their views about the nature of reality in other than theistic ways? How have these ideas been formulated, and what have been some of their social as well as political implications and consequences? This course will consider these questions in relationship to the ideas of some of the world's most famous "atheists". (Course was offered Winter 2015.)

***William Garlington, Ph.D.**, has a Bachelor of Arts and Master of Arts in History from UCLA and a Doctorate in Asian Studies and Sociology from the Australian National University. He has taught at all academic levels on three continents and carried out sociological/anthropological fieldwork in India. His main academic interests are the sociology of religion and the history of ideas.*

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**Alexandria, City of Mirages** | Class 2868

CSUCI Broome Library 2325

Thursdays, 1:00 – 3:00 PM, 8-weeks (1/30 – 3/19)

In the Hellenistic period, Ancient Alexandria had a reputation as a cosmopolitan city, one with mystique and allure that rivaled that of other great cities. It was a crossroads for trade, as well as a hub of intellectual pursuits with a fine library – the envy of the entire world. It was a land infused with the mysterious history, culture and religion of the ancient Egyptians. But it had the sophistication and civility of the Hellenistic Greeks. What was this ancient city really like? Time has washed away much of what once survived of this glorious city. But recent underwater excavations are revealing more and more of the physical and social character of Alexandria. We will be learning about the founder of the city, Alexander the Great, the artistic style of the dynasty founded by his successor, Ptolemy, and we will discuss the famous Cleopatra, last of the Ptolemaic line.

***Laura Hagel** received an MA in the History of Art and Architecture specializing in the ancient world from the University of California at Santa Barbara in 2003. Since then she has been teaching the Art History and Art Appreciation classes at Ventura College and for the OLLI program. Her special interests include the art and architecture of the ancient Greeks, Egyptians and Romans. She has additionally taught courses for OLLI that revolve around understanding how love and lovemaking are represented in the artistic record in the Ancient World, Middle Ages, Renaissance and Baroque periods.*



## **Perry Mason & The Case of the Literary Lawyer Erle Stanley Gardner** | Class 2869

Ventura Adult & Continuing Education (VACE), Ron Halt Classroom  
Thursdays, 1:00 – 3:00 PM, 1st 4-weeks (1/30 – 2/20)

Erle Stanley Gardner came to Oxnard in 1911 and moved to Ventura in 1915. It was here that he began to write and where he created his popular character Perry Mason. He would write 84 books featuring the crime solving attorney. He would move from Ventura in 1933 but he continued to visit his many friends in the coastal city up to his death. This class will go into the life of Gardner and how he came to create Mason. His mystery fiction will be examined, as well as his role in Ventura history.

***Richard Senate** earned a BA Degree in History from the California State University at Long Beach as well as attending classes at UCSB. He worked as historian for the City of Ventura until he retired. He managed two historic sites and conducted tours for the city. He is the author of 20+ books. One of his popular works is a biography of Mystery writer Erle Stanley Gardner, who lived and created Perry Mason in Ventura.*

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## **The Great Animation War, Disney vs Fleischer** | Class 2870

Ventura Adult & Continuing Education (VACE), Ron Halt Classroom  
Thursdays, 1:00 – 3:00 PM, 2nd 4-weeks (2/27 – 3/19)

Early animators Walt Disney and Max & Dave Fleisher battled for supremacy in the dawn of sound animation. This class will go into the rivalry between the gritty surrealism (called the New York Style) of Fleisher with the rural family friendly fantasy of Disney (called the California Style). The Animation War caused each side to improve their style and skills, which left a body of amazing works for us. In the duel, Disney won.

***Richard Senate** attended Ventura College, earned a bachelor of Arts in History from California State University at Long Beach and attended classes at UCSB. He spent twenty-two years as the historian for the City of Ventura. He managed two historic sites until he retired from the city. His father worked at MGM, as well as his uncles and grandfather, instilling in him a love of film and Hollywood history. His interest in early animation inspires him to offer this class on the Golden Age of Cartoons.*

# FRIDAYS

## **Train Your Brain - Mental Fitness for Life** | Class 2871

CSUCI Broome Library 2325

Fridays, 10:00 AM – 12:00 PM, 2nd 4-weeks (2/28 – 3/20)

Scientific evidence supports the idea that activities focused on mental stimulation can help keep our brains healthy as we age. Systematic cognitive training has been shown to produce positive and long lasting (5-10 years) effects on our ability to think, on daily functioning, and even on driving skills. This workshop will introduce the latest studies in this emerging field, and it will offer students the opportunity to engage in cognitive training activities focused on memory, reasoning, and speed of processing. It's time to train your brain! (Course was offered Spring 2019.)

***BiJian Fan, Ph.D.**, received his B.S. and M.S. in Mathematics, and his doctorate in Mechanical Engineering. He spent most of his professional career in pharmaceutical research and development at Merck and Amgen. He is also an artist and has exhibited internationally and earned numerous recognitions. BiJian integrates art and science in his creative practice and exhibits, and he lectures on scientific art internationally.*

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## **A Buddhist Perspective on Compassion** | Class 2872

Studio Channel Islands Art Center

Fridays, 10:00 AM – 12:00 PM, 1st 4-weeks (1/31 – 2/21)

Most people have a sense of what compassion is and agree it would be good if there were more of it in the world. Many people find themselves wondering "how to do" compassion. The Buddhist perspective on compassion, formed over 2500 years, provides both a clear understanding of compassion and practical approaches to cultivating compassion. This course will explore traditional Buddhist perspectives on compassion and associated practices.

***Holly Sacks** is a graduate of the University of California at Berkeley. Her postgraduate studies include extended programs at the University of the South School of Theology, Harvard Business School Executive Education, and UCLA's Mindful Awareness Research Center in the Semel Institute for Neuroscience and Human Behavior.*

## **The Female Contribution | Class 2876**

Little House in Ojai

Friday, 10:00 AM – 12:00 PM, 8-weeks (1/31 – 3/20)

This class will briefly examine the contributions of thirty-two women in a variety of areas of human endeavor ranging from religion and philosophy to science, art, politics and athletics. These will include, among many others, Saint Theresa of Avila, Hannah Arendt, Marie Curie, Georgia O' Keeffe, Indira Gandhi and Yvonne Goolagong. In each case, we will look at both the biographical details as well as the legacy of the individual.

***William Garlington, Ph.D.**, has a Bachelor of Arts and Master of Arts in History from UCLA and a Doctorate in Asian Studies and Sociology from the Australian National University. He has taught at all academic levels on three continents and carried out sociological/ anthropological fieldwork in India. His main academic interests are the sociology of religion and the history of ideas.*

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## **Reading Faulkner | Class 2873**

CSUCI Broome Library 2325

Fridays, 1:00 – 3:00 PM, 8-weeks (1/31 – 3/20)

"The past," wrote William Faulkner, "is never dead; it's not even past." His novel *Absalom, Absalom!*, situated in fictional Yoknapatawpha County, explores our need to order and interpret the past, here narrated by several characters whose stories intertwine, contradict, and complement one another in time, place, and plot. The narrative, accordingly, is not organized in a linear fashion but rather one demanding that we actively engage; we may think of the text as the unfolding of a jury trial where we are the jurors evaluating contradictory testimonies, knowing that finally we must decide where the truth lies. Beyond this, we will find on every page the remarkably beautiful writing style that only Faulkner can command. We will also read excerpts from *Faulkner in the University*, a record of Faulkner's conferences while Writer-in-Residence at the University of Virginia, one of few reliable sources of Faulkner's views on literature and art.

***Marilyn Vail, Ph.D.**, earned a doctorate French Literature at Cornell University, an M.A. from Middlebury College Graduate School in Paris, and a B.A. in French and Spanish literature from the University of North Carolina. She has taught at Cornell University, Cazenovia College in upstate New York, Moorpark College, Mount St. Mary's College in Los Angeles, and has been teaching at OLLI since 2009.*



**Virginia Woolf and Time** | Class 2874

Little House in Ojai

Fridays, 2:00 – 4:00 PM (Please note the different time.) 8-weeks (1/31 – 3/20)

Virginia Woolf's classic novel, *Mrs. Dalloway*, takes place in a single day and her final work, *Between the Acts*, around a single evening's pageant. Her remarkable style expands these events to include depth of character, history, and emotion. The first half of our class discussions will focus on *Mrs. Dalloway*, moving to *Between the Acts* for the second half. We'll compare her storytelling and themes against the historical background of the times, Woolf's life, and her involvement with the Bloomsbury group. The Harcourt editions are recommended.

***Jinny Webber, Ph.D.***, Professor Emerita from Santa Barbara City College, is a playwright and author of historical fiction. Her focus in her classes is close reading and open discussion of texts.

Thank you to our generous partners  
for their continuing support of the program.



***Leisure  
Village***

**STUDIO  
CHANNEL ISLANDS**

**HELP of jai**



**CMATO**  
CALIFORNIA  
MUSEUM OF ART  
THOUSAND OAKS

# SATURDAYS

## **The American Dream: History & Future of an Idea** | Class 2875

CSUCI Broome Library 2325

Saturdays, 10:00 AM – 12:00 PM, 8-weeks (2/1 – 3/21)

Please Note: **There is NO Saturday shuttle service on campus.**

The “American Dream” is one of the most widely recognized phrases in the American cultural lexicon. An internet search on this term pulls up literally millions of hits, and the phrase is in continuous use by pundits, politicians, and Madison Avenue, as well as in everyday conversation. Although this phrase was not given formal expression until 1931, its various expressions have rippled as a continuing theme through American culture from the time of the Puritans to today. This course will explore the historical development of this idea, seek to understand its persistence and its rhetorical power, and, most important, endeavor to see if it still holds meaning for us today and in the future. This course will be taught using a collection of brief readings, film clips, lectures, and group discussion. (Course was offered in Winter 2017.)

***Clifford Wilcox, Ph.D.,** received his Doctorate in American Intellectual History from the University of Michigan, Ann Arbor. He focuses on American cultural and political history, as well as the role of ideas in American society. An OLLI instructor since 2011, Wilcox teaches courses on American political, intellectual, and cultural history as well as the history and politics of education in the United States.*

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### DON'T KNOW YOUR DOLPHIN NAME OR STUDENT ID?

Call us at 805-437-2748 (ext. 2) to retrieve that information.

Visit us online at [go.csuci.edu/olli](http://go.csuci.edu/olli) or search “OLLI CSUCI” for the most up-to-date info on the program.

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### SPECIAL THANKS

Our gratitude to the OLLI volunteers for the countless hours they spend helping to develop meaningful courses, activities, and events and for marketing the program far and wide.

*Thank you!*

## Key Dates

- Monday, January 6, enrollment begins at 12 AM online and 8 AM at 2109 Sage Hall, CSUCI.
- Monday, January 27, OLLI classes begin

## Levels of membership

- Basic Membership – Pay for each class. Courses are \$40 for 4-week class, \$60 for 6-week class, and \$80 for 8-week class with a \$200 maximum per session.
- Session Membership – Take unlimited courses per session for \$200. You must register for each desired course. If you decide to drop a course, please call the office.
- OLLI fee assistance program: A portion of OLLI member donations are used to help members who need financial assistance to participate in courses. Members may apply for our fee assistance program by sending a personal letter to the OLLI office explaining your situation and listing a course you would like to take. There is a limited amount of financial assistance available per session.

## Enrollment

- Online (for returning members with a myCI account) – Login through your myCI account at myci.csuci.edu. Visit [go.csuci.edu/olli-enroll](http://go.csuci.edu/olli-enroll) for instructions to enroll online.
- Phone – Call 805-437-2748 (ext. 2). Leave a call-back number, but NOT enrollment information.
- Mail – Mail enrollment form to CSUCI, One University Drive, Sage Hall 2109, Camarillo, CA 93012.
- Fax – Fax enrollment form to 805-437-8859.
- Deliver – Take enrollment form to Sage Hall 2109 at CSUCI.

## Waitlists

- If a course is full, you may request to be added to the waitlist by calling 805-437-2748 (ext. 2). Please leave a call-back number. You must talk to a person and get confirmation that you are added to a waitlist. In the event of an opening, you will be notified via email or phone.

## Payment options

- Mail – Mail check, payable to CSUCI, to CSUCI, One University Drive, Sage Hall 2109, Camarillo, CA 93012.

# OLLI PROGRAM INFO

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## **Payment options** *(continued)*

- Online Credit Card – Pay through myCI Registration. A merchant fee of 2.75% will be charged to the credit card. It takes 1 day after registration for charges to show in accounting.
- Online E-Checks – Pay through myCI. No fee will be charged for e-check payment. Visit <http://go.csuci.edu/olli-payment> for step-by-step instructions.
- In-Person. Pay with cash, check, or money order (payable to CSUCI) at the cashier's window in Student Business Services on the first floor of Sage Hall during regular business hours. Bring a valid photo ID.

## **Refund policy**

- To drop a class, email your request to [OLLI@CSUCI.edu](mailto:OLLI@CSUCI.edu) or call 805-437-2748 (ext. 2) and leave a call-back number. You must talk to a person and get confirmation that you have been dropped.
- A member may be eligible for a full refund if a course is formally dropped before the second class of the course. After that time, no refund will be issued for a dropped class.
- Members seeking special exception to the refund policy, must submit a Petition for Exception form through Extended University for review.

## **Course cancellations & notifications**

- Members will be notified via email as soon as possible of any changes to the course(s) in which they are enrolled.
- In the event of a course cancellation, enrolled members will be issued a refund for any difference the cancellation makes to their final fee total.
- In the event of a one-day only cancellation, a makeup day may be scheduled for that class.

## **Parking**

- Parking at CSUCI is \$6/day and permits are required 24/7. Permits may be purchased at permit dispensers in Lots A1, A2, A3, and A4. Permits are valid for any A lot on campus all day.
- For a map of CSUCI, visit [www.csuci.edu/maps](http://www.csuci.edu/maps).
- Parking at all off-campus sites is free.
- Members may park for free at the Camarillo Metrolink station on Lewis Road and take the VCTC bus directly to campus. For bus fare rates and schedules, visit [www.goventura.org](http://www.goventura.org).

## Campus OLLI courtesy shuttle

- An OLLI courtesy shuttle is available to take members to/from class at the Broome Library. Shuttle pickup will be in parking lot A3 and the bus stop. Drop off will be behind Broome Library.
- For a detailed on-campus shuttle schedule, visit [go.csuci.edu/olli-parking](http://go.csuci.edu/olli-parking). There is no Saturday shuttle.

## Locations of classes

- Agoura Hills Recreation & Event Center, 29900 Ladyface Court, Agoura Hills, CA 91301
- CSU Channel Islands, Broome Library 2325, One University Drive, Camarillo, CA 93012
- California Museum of Art Thousand Oaks, second floor of The Oaks Mall, park on 2nd level of garage, take the middle bridge across to the mall, CMATO is to the right in the mall.
- Leisure Village Recreation Center, 200 Leisure Village Drive, Camarillo, CA 93012 (*You must be enrolled in the class to gain entry to Leisure Village.*)
- Little House in Ojai, 111 W. Santa Ana Street, Ojai, CA 93023
- Studio Channel Islands Blackboard Gallery, 2222 E. Ventura Boulevard, Camarillo, CA 93012
- Ventura Adult & Continuing Education (VACE), Ron Halt Classroom, 5200 Valentine Road, Ventura, CA 93003

## CONTACT OLLI

Osher Lifelong Learning Institute  
California State University Channel Islands  
One University Drive, Sage Hall 2019, Camarillo, CA 93012

Website: [go.csuci.edu/olli](http://go.csuci.edu/olli) • Phone: 805-437-2748 (ext. 2)  
Fax: 805-437-8859 • Facebook: OLLIatCSUCI

Michael Trainor, OLLI Program Coordinator  
[OLLI@CSUCI.edu](mailto:OLLI@CSUCI.edu)





Channel Islands

CALIFORNIA STATE UNIVERSITY

**OSHER LIFELONG LEARNING INSTITUTE (OLLI)**

2109 Sage Building

One University Drive • Camarillo, CA 93012

**SPRING I 2020:** Enrollment begins January 6, 2020