

OSHER LIFELONG LEARNING INSTITUTE (OLLI) AT CSU
CHANNEL ISLANDS

TASTE OF OLLI

Fall 2019

Tuesday, November 12 - Thursday, December 19



Phone

805-437-2748
EXT. 2

Website

go.csuci.edu/olli
or search "OLLI CI"

Cost

\$15 Per Class

Taste of OLLI Fall 2019

At a Glance

| Tue, AM - CMATO | Tue, PM - CSUCI | Wed, AM - CSUCI | Wed, PM - VACE | Thur, AM - SCIART | Thur, PM - CSUCI |
|--|--|--|--|--|---------------------------------------|
| 12-Nov | 12-Nov | 13-Nov | 13-Nov | 14-Nov | 14-Nov |
| <i>Sachs</i> Compassion | <i>Fan</i> Origami | <i>Snibbe</i> Homeless Crisis | | <i>Lucas</i> African & Islamic Music | <i>Garlington</i> Hindu Scriptures |
| 19-Nov | 19-Nov | 20-Nov | 20-Nov | 21-Nov | 21-Nov |
| <i>Gooch</i> Columbus & Frankenstein | | <i>Schrader</i> Hollywood | <i>Dorrance</i> Elections & Leadership | <i>Baffa</i> We're More Alike... | <i>Kadaster</i> Turkish History |
| 3-Dec | 3-Dec | 4-Dec | 4-Dec | 5-Dec | 5-Dec |
| | <i>Hogstad</i> Heroine's Journey | <i>Kohn</i> Opera | <i>Goldfarb</i> Memory | <i>Pitt</i> French Connection | <i>Ledbetter</i> Poems |
| 10-Dec | 10-Dec | 11-Dec | 11-Dec | 12-Dec | 12-Dec |
| <i>Rafter</i> Narcissism | <i>Marks</i> AIDS | <i>Suwanchai- chinda</i> Mosquitoes | <i>Soule</i> Ecological Psychology | <i>Maasdam</i> Women & Rome | <i>Clifford</i> Art & Vision |
| 17-Dec | 17-Dec | 18-Dec | 18-Dec | 19-Dec | 19-Dec |
| <i>Ginell</i> Beetles | <i>Buonamassa</i> Film Music | <i>Parsons</i> Underground LA | <i>Wilcox</i> Lincoln | <i>Webber</i> Queen Undaunted | <i>Leonard</i> Informants |

Class #3177

The Science of Compassion

Tuesday, November 12

10:00 am to 12:00 pm

**California Museum of Art Thousand Oaks
(CMATO)**

Course description

Are we hardwired for compassion? Or is it a moral philosophy that conflicts with individual survival? This talk provides an overview of perspectives on compassion through the lenses of neuroscience, social science, human evolution, and how it fits within the spectrum of related capabilities such as empathy, kindness, and altruism.

Bio

Holly Sacks received her BA in anthropology from UC Berkeley in 1970. After a long career as a senior marketing and strategy executive in multinational high-tech companies, she completed the CMF certification program at UCLA Mindful Awareness Research Center in 2014.

Class #3176

Art and Science Converge in Origami

Tuesday, November 12

1:00 to 3:00 pm

CSUCI Broome Library 2325

Course description

Origami art has inspired a wide range of scientific applications from space exploration to life science. Science has advanced origami art from folding design to artistic expression. This presentation will discuss the convergence of art and science in origami and the advantage of their integration.

Bio

BiJian Fan, Ph.D., received his B.S. and M.S. in Mathematics, and his doctorate in Mechanical Engineering. He spent most of his professional career in pharmaceutical research and development at Merck and Amgen. He is also an artist and has exhibited internationally and earned numerous recognitions. BiJian integrates art and science in his creative practice and exhibits and lectures scientific art internationally.

Class #3178

The Homeless Crisis, Beginnings, Middle and Hopefully End

Wednesday, November 13

10:00 am to 12:00 pm

CSUCI Broome Library 2325

Course description

This course will explore why this crisis developed, the initial foolish ideas for change and solutions that might work.

Bio

John Snibbe, Ph.D., received his doctorate at the University of Utah and has worked for LAPD and the Sheriffs' Department in Los Angeles. He managed Mobile Psychiatric Emergency services for LA County and has worked with the homeless and mentally ill offenders in jail and state hospitals.

Class #3180

African and Islamic Influences in American Popular Music

Thursday, November 14

10:00 am to 12:00 pm

Studio Channel Islands

Course description

For decades scholars have debated the extent to which African folk music influenced early American popular music, most specially blues, ragtime and jazz. More recently some scholars argue that significant elements of Islamic music are present in many blues songs and jazz solos beginning in the early years of the last century. We will explore these questions and others as we examine a variety of musical styles found in Africa and look at the earliest recordings of American blues, ragtime and jazz.

Bio

Ted Lucas, Ph.D. , is a founding administrator of Cal State Channel Islands and served as its first Provost from 2003 to 2008, after which he retired to devote more time to composing and performing music. He received his Doctorate in Music from the University of Illinois and his M.A. and B.A. in music from San Diego State University.

Class #3179

Four Hindu Scriptures

Thursday, November 14

1:00 pm to 3:00 pm

CSUCI Broome Library 2325

Course description

This class will examine four of the most famous ancient Hindu scriptures: The Brihadaranyaka and Chandogya Upanishads, The Bhagavad Gita, and the Bhagavata Purana. In the process we will not only explore their metaphysical and ethical teachings; we will also reflect on what meaning these teachings might hold for us today.

Bio

Bill Garlington, Ph.D, has a B.A. and M.A. in History from UCLA, and a Ph.D. in Asian Studies and Sociology from the Australian National University. He has taught at all academic levels on three continents and carried out sociological/anthropological fieldwork in India.

Class #3181

Historical Identities:

Columbus and Frankenstein

Tuesday, November 19

10:00 am to 12:00 pm

California Museum of Art Thousand Oaks (CMATO)

Course description

One is a hero of our dreams: the daring sailor-scholar proving earth to be round; an explorer discovering a new world and beginning America. The other is a monster of nightmares: a scientist's creation grown beyond intention or control; a destructive force from the underside of technological progress. These images of Columbus and Frankenstein are uniquely contemporary. On historical examination, the images splinter and each shard reflects different truths. Americans today can't imagine the Columbus dragged in chains back to Spain or his insistence time would end one generation hence.

Bio

Herbert Gooch, Ph.D. is Professor Emeritus at California Lutheran University, where he taught in Political Science, directed the Master's in Public Policy and Administration Program, and held various administrative positions.

Class #3184

Starchitecture: The Glamour of Old Hollywood

Wednesday, November 20

10:00 am to 12:00 pm

CSUCI Broome Library 2325

Course description

Hollywood boasts a plethora of beautiful homes and glamorous retreats where legends of the film industry lived, worked, and played. A richly illustrated slide presentation will document some of the most famous environs of the stars, from opulent movie theaters to luxurious private homes to some of the most notorious hideaways. We will discuss the popular architectural styles and interiors of the 20s and 30s, including Romantic Revivals and Art Deco.

Bio

Eleanor Schrader is an educator, lecturer, and author. She lectures on the history of architecture, interiors, and decorative arts and leads art and architecture tours throughout the world. She was named a Distinguished Instructor of design history at UCLA Extension. She is Professor Emeritus of Art and Architectural History at Santa Monica College.

Class #3183

Do Elections Promote Leadership or Democracy?

Wednesday, November 20

1:00 pm to 3:00 pm

Ventura Adult & Continuing Education (VACE)

Course description

News about the 2020 Elections draws out expectations about the significance and consequences of these elections. Some see an opportunity to remove leaders and change public policies. Others intend to validate the leadership of the incumbents. The strong focus on the Presidential election reflects an assumption that the personal authority of the President is the dominant power in American government, but elections for Congress and in the various states provide key leadership opportunities. What tests of leadership will the voters use to evaluate candidates? What, if anything, is democratic about the electoral process and the results? We will address these questions.

Bio

Carolyn Dorrance, Ph.D. teaches courses in history, political science and philosophy at Oxnard College. The challenge of applying political ideas in practical politics and fulfilling the ideals of effective citizenship has long been a focus in her teaching.

Class #3185

We're More Alike Than You Would Think

**Thursday, November 21
10:00 am to 12:00 pm
Studio Channel Islands**

Course description

The lives of the creatures that live along our shores may seem alien to you, but there exist many parallels between their lives and our own. Learn about the animals that call the tidepools along our rocky shores home, and the different ways our experiences diverge and overlap.

Bio

Melissa Baffa is the Development Officer for Foundation and Corporate Relations at the Santa Barbara Museum of Natural History. Her love for science and nature has led her to the past decade of service within several nonprofits in Ventura and Santa Barbara counties, serving as a Science Communication Fellow with the Ocean Exploration Trust, 10 years of teaching science to middle and high school students, and a brief stint as a research associate at Amgen.

Class #3186

Turkish History and Archaeology of 12,000 Years!

**Thursday, November 21
1:00 pm to 3:00 pm
CSUCI Broome Library 2325**

Course description

The class presents a short history of Turkey, starting with Gobeklitepe, the greatest archaeological find of the 21st century, and with layers of civilization, including the Hittite Empire, Phrygians, Urartus, Lydians, Lycians, Greeks, Romans, Byzantines and finally the Turks who officially entered Anatolia in 1072. Also, we will visit "must-see" places in Turkey, such as Istanbul, Cappadocia, Ephesus, Bodrum, touching briefly on the 17 UNESCO World Heritage sites, and ending with information on Turkish culture, language and cuisine, one of the richest in the world!

Bio

Engin Kadaster has worked in Turkish tourism for over 40 years, first as a tour guide, then as an archaeologist. After immigrating to the US in 1975, he became the Manager and Vice President of Turkey at Its Best, a private company.

Class #3187

Destiny and The Heroine's Journey

Tuesday, December 3

1:00 pm to 3:00 pm

CSUCI Broome Library 2325

Course description

Mythologist Joseph Campbell popularized “The Hero’s Journey”—a heroic quest that takes the hero to his destiny – while dissuading women from taking their own heroic journey, positing that “women are the goal of the hero’s striving; she is mother, protectress, and supporter of the hero,” not heroine of her own quest. This presentation slices open Campbell’s work by featuring classical myths of heroine journeys, including the oldest myth on record—the myth of Inanna. We’ll follow the path of the heroine to learn how to fulfill our own destiny or to accomplish goals we’ve always had.

Bio

Grace Hogstad, Ph.D., received her doctorate of Philosophy in Mythological Studies with Emphasis in Depth Psychology from Pacifica Graduate Institute and holds a Master of Arts degree in English, Creative Writing from CSU Northridge.

Class #3189

Creating an Opera, Besides the Music!

Wednesday, December 4

10:00 to 12:00 pm

CSUCI Broome Library 2325

Course description

What does it take to create an opera performed on stage? It takes much more than the singing and the music we hear. We will explore stage design, set design, costume design and the people who are responsible for creating this art form, in a meaningful and engaging experience. With examples from each aspect, we will begin to understand how truly talented these artists are. We will end by viewing one scene, from many different perspectives, to judge which we like best.

Bio

Steve Kohn has been an active speaker for Los Angeles Opera for the past twenty years. He has spoken on specific operas, specialty subjects and the repertory of Los Angeles Opera. He is a former member of the board and continues to volunteer with Los Angeles Opera.

Class #3188

Memory Training

Wednesday, December 4

1:00 pm to 3:00 pm

Ventura Adult & Continuing Education
(VACE)

Course description

The Memory Training Program is an innovative educational program for improving memory. The program benefits include remembering names and faces, recalling appointments, messages, and plans, practicing everyday memory techniques, avoiding misplaced objects and overcoming “tip of the tongue memory slips.” Nine out of ten participants report improvements in their memory. This program was created out of UCLA’s Longevity Center and is only taught by certified trainers who demonstrate strategies and techniques in an interactive classroom setting.

Bio

Lynne Goldfarb, Ph.D., received her doctorate in Education through Claremont Graduate University. She has worked in higher educational with undergraduates through graduates. She is a Certified Memory Trainer, through UCLA’s Longevity Institute and is a Certified Feuerstein Cognitive Coach, identifying and enhancing individual’s learning potential based on neuroplasticity.

Class # 3190

The Forgotten French Connection in 19th C. LA

Thursday, December 5

10:00 am to 12:00 pm

Studio Channel Islands

Course description

Did you know that early Los Angeles used to have a Frenchtown, and that by 1860, French was the most spoken language in the City of Angels after Spanish? Despite their lasting contributions, the French emigres who settled in southern California are often forgotten in the historiography of Los Angeles. Some of the French-speaking immigrants were Basques who became wildly prosperous rancho owners in the San Fernando Valley and controlled much of the region. We will trace the French presence within the city’s development and discuss some of the most colorful and prominent French members of the San Fernando Valley ranching community.

Bio

Dinna Pitt is the Historian and Curator at the Leonis Adobe Museum, Los Angeles Historic-Cultural Monument #1. She received a B.A. in Classical Civilization from UCLA and an M.A. with Distinction in History from CSUN.

Class # 3201

Poems and the People who Wrote Them

Thursday, December 5

1:00 pm to 3:00 pm

CSUCI Broome Library 2325

Course description

When Shelley said “Poets are the unacknowledged legislators of the world” and Walt Whitman said “I sing myself, and celebrate myself...” they broke the mold of what a poet should sound like. When Emily Dickinson admitted “I’m nobody, who are you?” and E. E. Cummings wrote about the “little lame balloon man” who “whistles far and wee”, they reminded us that we live inside ourselves more than we admit, and express ourselves in love, defiance, and just for fun. When Robert Frost quietly said “I took the one less traveled by, and that has made all the difference.”, he spoke to that all but indefinable strength in human nature that does not easily give in. We will look at themes poets write about in such memorable lines.

Bio

J.T. Ledbetter, Ph.D., holds a B.A. in English from California State University Long Beach, and an M.A. and doctorate in English from the University of Nebraska.

Class #3192

Narcissism

Tuesday, December 10

10:00 am to 12:00 pm

**California Museum of Art Thousand Oaks
(CMATO)**

Course description

Mainstream use of the term "narcissism" has become significantly more frequent in recent years. This Taste explores an academic understanding and describes the relationship between being "egocentric" and "narcissistic". (Hint: We are all egocentric!) The set of behavioral criteria provided by the American Psychiatric Association is highlighted as we view characteristics of narcissism through the filters offered by psychoanalytic theory, behaviorism, humanism, and interpersonal neurobiology.

Bio

Mark Rafter, Emeritus Professor of Psychology at College of the Canyons, is a member of the Association for Psychological Science and has a B.A. in Psychology from UC Riverside and an M.A. in General Experimental Psychology from CSU San Bernardino.

Class #3191

Don't Forget About AIDS

Tuesday, December 10

1:00 pm to 3:00 pm

CSUCI Broome Library 2325

Course description

Since being identified in the early 1980s, AIDS has killed tens of millions of people throughout the world, and it continues to affect people worldwide. This class will provide background about how the HIV virus that causes AIDS was first identified and how it spread around the world. The audience will be introduced to (1) the characteristics of the virus, (2) the new medical treatments that have the ability to turn HIV/AIDS into a chronic manageable disease, (3) the attempts to find an effective vaccine, and (4) the public health strategies to reduce transmission of the virus from person to person.

Bio

Gary Marks, Ph.D., received his doctorate in Social Psychology Research from the University of Southern California in 1982. He became interested in health behavior research and HIV/AIDS in the early 1980s and was awarded a faculty position in the Department of Preventive Medicine at USC.

Class #3203

When Mosquitoes Don't Die

Wednesday, December 11

10:00 to 12:00 pm

CSUCI Broome Library 2325

Course description

Mosquito-transmitted diseases have been around since ancient times. Despite advances in modern science and technology, we are still fighting these diseases. How have mosquitoes managed to survive our best efforts to control them? In this class, we will look at how mosquito vectors overcome the toxicity of insecticides, what physiological mechanisms contribute to insecticide resistance, and what environmental factors could affect the control of the mosquito population, including in your own backyard.

Bio

Chansak Suwanchaichinda, Ph.D., received a doctorate from Rutgers University, a Master of Science from the University of Wisconsin-Madison, and a Master of Public Health from the Penn State College of Medicine. He taught at the State University of New York and has worked in public health both in the United States and abroad.

Class #3202

Towards a Contemporary Ecological Psychology

Wednesday, December 11

1:00 pm to 3:00 pm

Ventura Adult & Continuing Education

Course description

Ecopsychology is an orientation within psychology focused on humanity's relationship with our natural world. In our modern era, the human psyche (including our beliefs, values, and behavior) has become a force of nature. How we think and what we value shape life as indelibly as wind, fire, and water. Therefore, our mental health, emotional vibrancy, and overall maturity have wide-reaching consequences. Eco (from oikos, meaning home) combines with psyche (soul) and logos (the laws or logic of nature) to form the word eco-psyche-logy

Bio

Renée G. Soule, PhD, has been developing and teaching Ecopsychology for over 30 years in outdoor, classroom, and prison settings. Her work, wild nature and the human psyche are radically interdependent. She engages environmental crises as a right of passage presaging and promoting a new level of maturity commensurate with the environmental challenges we face.

Class #3193

The Women Who Challenged Rome

Thursday, December 12

10:00 am to 12:00 pm

Studio Channel Islands

Course description

The tales of Cleopatra are legendary but who were the other women who challenged and influenced the emperors, the empire and the course of Rome. Our investigation will examine the impact of the women warriors, rulers and wives that lie in the shadows of history. From Agrippina to Zenobia, Boudicca to Plotina and Galla Placidia, we will search to uncover their motives, actions, contributions and their power in the ancient world.

Bio

Christine Maasdam holds a Master in Humanities and a B.A. in Cultural Geography. Her art studies include The Courtauld Institute of Art in London, The Smithsonian Early Enrichment Center in D.C. and Antiquities Trafficking and Art Crime at the University of Glasgow.

Class #3200

Art & Visual Perception

Thursday, December 12

1:00 pm to 3:00 pm

CSUCI Broome Library 2325

Course description

Art is in the eyes of the beholder. Great painters, often from experience, learned to enhance their art with little knowledge of visual perception. Today we understand why Mona Lisa's smile seems so elusive, why Matisse's wild color palette "works", and why Picasso didn't keep his water colors in the lines. This Taste will discuss the nature of light and the basis of color. We will learn how the eye and brain form visual images. Through classical and modern artwork, we will see the masterpieces artists produced, usually through skilled observation and manipulation of light and color. Join us for a fascinating and fun look into the world and science of visual arts.

Bio

Jerry Clifford, Ph.D., has spent over thirty years as a research scientist and educator after receiving a Ph.D. in nuclear physics at Iowa State University. As an Air Force officer, he taught physics at the Air Force Academy, worked on nuclear weapons programs, studied particle beams for Reagan's Star Wars, and worked in the Office of the Secretary of Defense.

Class #3195

The Beatles In The Studio

Tuesday, December 17

10:00 am to 12:00 pm

California Museum of Art Thousand Oaks (CMATO)

Course description

Everyone knows how the Beatles invaded America in 1964 with a world-stopping appearance on "The Ed Sullivan Show." They eventually became the world's most popular, successful, and influential rock group. But beneath the haircuts and the Liverpool accents lay four ingenious musicians who, along with EMI producer extraordinaire George Martin, made magic in the Abbey Road Studios in London. In this brief Taste, we will examine highlights of the Beatles' career in the studio, showing how their musical ingenuity and Martin's technical know-how helped revolutionize popular music in the 1960s.

Bio

Cary Ginell holds a master's degree in Folklore from UCLA. He is an award-winning writer, the author of six books on music history.

Class #3194

Listening to Film Music

Tuesday, December 17

1:00 pm to 3:00 pm

CSUCI Broome Library 2325

Course description

An overview of the form and function of film music. Various film clips from the 1920s to the present will be viewed and discussed from the perspective of placement and musical style. Source music, underscore, original, adapted, and borrowed music will be considered.

Bio

John Buonamassa received his BA in music from Queens College, City University of New York, and his Master of Music from California State University LA. Originally from New York, John toured internationally for sixteen years as keyboardist and musical director for John Phillips and the Mamas and the Papas.

Class #3196

Underground L.A.: Subcultures of SoCal

Wednesday, December 18

10:00 am to 12:00 pm

CSUCI Broome Library 2325

Course description

From the cyberpunk aesthetic of Blade Runner, to the surfing teenagers of Gidget, to the hardcore hip hop of N.W.A., L.A.'s various underground scenes have had a significant influence on mainstream culture, politics, and entertainment. This Taste presentation will explore the historical context, stylistic innovations, and cultural legacies of a number of important Los Angeles subcultures, including hip hop, punk, queer, and skateboarding cultures.

Bio

David Parsons, PhD., received his Doctorate in History from the Graduate Center of the City University of New York (CUNY). He is a professor and writer whose work focuses on the political, social, and cultural history of 20th century America.

Class #3197

Lincoln and Slavery: Evolution of a Reformer

Wednesday, December 18

1:00 pm to 3:00 pm

Ventura Adult & Continuing Education
(VACE)

Course description

Few figures in American history did more to eradicate slavery than Abraham Lincoln. Yet Lincoln did not set out in his political career focused on the problem of slavery. He was neither an abolitionist nor a Radical Republican. Indeed, he even advanced at times clearly racist ideas. But Lincoln displayed tremendous capacity for both intellectual and moral growth. This Taste will explore the evolution of Lincoln's ideas and actions from one whose main concerns did not focus on slavery to becoming the primary force behind the Emancipation Proclamation and the 13th Amendment, which legally eliminated slavery in the United States.

Bio

Clifford Wilcox, Ph.D., received his doctorate in American Intellectual History from the University of Michigan, Ann Arbor. He focuses on the history of ideas and education in American society.

Class #3199

Queen Undaunted: Margaret of Anjou

Thursday, December 19

10:00 am to 12:00 pm

Studio Channel Islands

Course description

This lecture-demo features E. Bonnie Lewis playing scenes from 'Queen Undaunted: Margaret of Anjou,' a one-woman show written by Jinny Webber in collaboration with William Shakespeare. Margaret appears in four of Shakespeare's history plays: Henry VI, Parts 1, 2, and 3 and Richard III. You'll watch the rise of a rare woman in medieval history: a minor French princess who marries King Henry VI, surpassing her husband in political maneuvering and warfare. In her last stage of life, Margaret becomes the widowed dowager queen speaking prescient curses in the court of wily King Richard III. Lewis's dramatic presentation will be followed by a discussion of the play and its resonances to today.

Bio

Jeannette (Jinny) Webber, Ph.D., is Professor Emerita from Santa Barbara City College and writes historical fiction. Her trilogy set in Shakespeare's England, *The Secret Player*, *Dark Venus*, and *Bedtrick* has been published.

Class #3198

Informants and Revolutionaries: The Dangerous Dance

Thursday, December 19

1:00 pm to 3:00 pm

CSUCI Broom Library 2325

Course description

One of the world's oldest professions is spying, a practice in play during the various radical and revolutionary movements of the twentieth century. This course will profile the way spies have been dispatched against everyone from Karl Marx, Russian revolutionaries, US Communists in the forties and fifties, and radicals of the sixties and seventies. Using archival documents, unique material obtained through Freedom of Information filings, and other sources, the course will pull back the blinds on the spies and informants and their impact on historical events.

Bio

Aaron Leonard is the author of "Heavy Radicals: The FBI's Secret War on America's Maoists" and "A Threat of the First Magnitude: FBI Counterintelligence & Infiltration." He is a regular contributor to the History News Network, Jacobin magazine, and Truthout.org and has a BA in history from New York University.