



Channel Islands  
CALIFORNIA STATE UNIVERSITY



# SUMMER 2017 TASTE OF OLLI: COURSE DESCRIPTIONS

Osher Lifelong Learning Institute (OLLI) at CSU Channel Islands (CSUCI)  
One University Drive  
Camarillo, CA 93012

Phone: 805-437-2748

Website: <http://go.csuci.edu/olli> or search "OLLI CSUCI"

# June 2017

| Tuesday AM<br>10:00 to 12:00<br>(Broome 2325)                                  | Tuesday PM<br>1:00 to 3:00<br>(Broome 2325)                                | Wednesday PM<br>1:00 to 3:00<br>(VACE)   | Thursday AM<br>10:00 to 12:00<br>(Broome 2325)                                 | Thursday PM<br>1:00 to 3:00<br>(Broome 2325)                               | Saturday AM<br>10:00 to 12:00<br>(Smith 1908)                        | Saturday PM<br>1:00 to 3:00<br>(Smith 1908)                                     |
|--|--|--|--|--|--|---|
|  |  |  | 1  | 2  | 3  | 4   |
| 6<br><a href="#">The 1979 Iranian Revolution [#1265]</a>                       | 6<br><a href="#">For the Love of Laughter: Vintage Film Comedy [#1278]</a> | 7  | 8<br><a href="#">Cybersecurity: Staying Safe of the Internet [#1286]</a>       | 8<br><a href="#">The Remarkable Journeys of Ibn Battuta [#1270]</a>        | 10<br><a href="#">The 1979 Iranian Revolution [#1269]</a>            | 10<br><a href="#">The Sources of State Legitimacy [#1287]</a>                   |
| 13<br><a href="#">Education in Finland: Achievement through Equity [#1272]</a> | 13<br><a href="#">The Arts and Alzheimer's [#1258]</a>                     | 14<br><a href="#">Criminal Justice 101: Perceptions/Reality of Police Work [#1248]</a> | 15<br><a href="#">Education in Finland: Achievement through Equity [#1273]</a> | 15<br><a href="#">American Economic History: Roots to Recovery [#1256]</a> | 17<br><a href="#">The Remarkable Journeys of Ibn Battuta [#1271]</a> | 17<br><a href="#">Genetically Modified Foods: Love 'Em or Leave 'Em [#1254]</a> |
| 20<br><a href="#">Beyond Words: Nonverbal Communication [#1249]</a>            | 20<br><a href="#">The Power of Nine [#1246]</a>                            | 21   | 22<br><a href="#">Under the Sea: The Nautilus Exploration [#1250]</a>          | 22<br><a href="#">Under the Sea: The Nautilus Exploration [#1251]</a>      | 24   | 24  |
| 27<br><a href="#">The Fiscal Collapse of 2008 [#1274]</a>                      | 27<br><a href="#">Six-Gun Justice: Western in Books &amp; Film [#1252]</a> | 28<br><a href="#">For the Love of Laughter: Vintage Film Comedy [#1279]</a>            | 29<br><a href="#">Ethical Decision Making [#1261]</a>                          | 29<br><a href="#">The Physiology of Emotion [#1280]</a>                    |  |   |

## LOCATIONS:

**BROOME LIBRARY 2325  
CSU CHANNEL ISLANDS  
(CSUCI)**

Tuesday and Thursday  
classes

**VENTURA ADULT &  
CONTINUING EDUCATION  
(VACE)**

Wednesday classes

**SMITH 1908  
CSU CHANNEL ISLANDS  
(CSUCI)**

Saturday classes

# July 2017

| Tuesday AM<br>10:00 to 12:00<br>(Broome 2325)                                   | Tuesday PM<br>1:00 to 3:00<br>(Broome 2325)                   | Wednesday PM<br>1:00 to 3:00<br>(VACE)                                  | Thursday AM<br>10:00 to 12:00<br>(Broome 2325)                             | Thursday PM<br>1:00 to 3:00<br>(Broome 2325)                               | Saturday AM<br>10:00 to 12:00<br>(Smith 1908)          | Saturday PM<br>1:00 to 3:00<br>(Smith 1908)                            |
|---|---|---|--|--|--|--|
|   |   |   |  |  | 1<br><a href="#">Vietnam: The Unending War</a> [#1285] | 1<br><a href="#">Mental Calisthenics for Cognitive Fitness</a> [#1263] |
| 4   | 4   | 5   | 6  | 6  | 8  | 8  |
| 11<br><a href="#">The Power of Nine</a> [#1247]                                 | 11<br><a href="#">The Physiology of Emotion</a> [#1281]       | 12<br><a href="#">Ethical Decision Making</a> [#1262]                   | 13<br><a href="#">American Economic History: Roots to Recovery</a> [#1257] | 13<br><a href="#">Mobile Psychological Services</a> [#1283]                | 15   | 15   |
| 18<br><a href="#">Mental Calisthenics for Cognitive Fitness</a> [#1264]         | 18<br><a href="#">The Fiscal Collapse of 2008</a> [#1275]     | 19<br><a href="#">The Moguls Who Invented Hollywood</a> [#1260]         | 20<br><a href="#">The Power of Stem Cells</a> [#1276]                      | 20<br><a href="#">Mobile Psychological Services</a> [#1284]                | 22   | 22   |
| 25<br><a href="#">Genetically Modified Foods: Love 'Em or Leave 'Em</a> [#1255] | 25<br><a href="#">The Sources of State Legitimacy</a> [#1288] | 26<br><a href="#">Picture Books: Beloved, Beautiful, Banned</a> [#1282] | 27<br><a href="#">The Power of Stem Cells</a> [#1277]                      | 27<br><a href="#">Six-Gun Justice: Western in Books &amp; Film</a> [#1253] | 29   | 29   |

## LOCATIONS:

**BROOME LIBRARY 2325  
CSU CHANNEL ISLANDS  
(CSUCI)**

Tuesday and Thursday  
classes

**VENTURA ADULT &  
CONTINUING EDUCATION  
(VACE)**

Wednesday classes

**SMITH 1908  
CSU CHANNEL ISLANDS  
(CSUCI)**

Saturday classes

## THE 1979 IRANIAN REVOLUTION (OLLI 1012)

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This lecture will trace the background and major events of the 1979 Iranian Revolution which dethroned the Shah and brought the Islamic Republic of Iran into existence. We will examine both religious and political aspects of Shia Islam as they impacted the events of 1979 and led to the reemergence of a highly politicized version of the religion on the world scene.

*Bill Garlington, Ph.D., has a Bachelor of Arts and Master of Arts in History from UCLA and a Doctor of Philosophy in Asian Studies and Sociology from the Australian National University. He has taught at all academic levels on three continents and carried out sociological/anthropological fieldwork in India. His main academic interests are the sociology of religion and history of ideas.*

| Class Nbr | Day               | Time                 | Location                     |
|-----------|-------------------|----------------------|------------------------------|
| 1265      | Tuesday, June 6   | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |
| 1269      | Saturday, June 10 | 10:00 am to 12:00 pm | Smith 1908 at CSUCI          |

## FOR THE LOVE OF LAUGHTER: VINTAGE FILM COMEDY (OLLI 1017)

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Learn about the art of inducing laughter from the masters. Through film clips and lectures, the course will introduce the pioneers of classic film comedy, including Mack Sennet, Charlie Chaplin, Buster Keaton, and Harry Langdon. From there, the course will explore the rise of the talking comedians like WC Fields, Three Stooges, Bob Hope, and Red Skelton. Participants will also meet comedy auteurs like Ernst Lubitsch, Preston Sturges, Billy Wilder, and Jerry Lewis. Finally, we will explore how the social climate of our country informed these styles of popular comedy.

*Nicholas Santa Maria started as a stand-up comedian at the age of 15. He has appeared in film ("Holy Man," "The Producers," "The Adventures of Biffle and Shooster"), television ("The Glades," "The Buffalo Bill Show") and commercials. He has appeared on Broadway in "Grease!" and "The Producers." He is co-author and composer of the Off-Broadway show, "Real Men: The Musical," and a writer/composer for "Secrets Every Smart Traveler Should Know." His book, "Comedy Crazy," is awaiting publication.*

| Class Nbr | Day                | Time               | Location                     |
|-----------|--------------------|--------------------|------------------------------|
| 1278      | Tuesday, June 6    | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |
| 1279      | Wednesday, June 28 | 1:00 pm to 3:00 pm | VACE                         |

[RETURN TO CALENDAR](#)

## **CYBERSECURITY: STAYING SAFE ON THE INTERNET (OLLI 1022)**

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The Internet enables us to do wonderful things: stay connected with family and friends (e.g., Skype), shop from the comfort of our home (e.g., Amazon), watch movies at the time of our choosing and without commercials (e.g., Netflix), and check news headlines personalized to our interests and tastes (e.g., Twitter). But all this comes with a slew of threats and dangers. Like the highwaymen of old, hackers prey on vulnerable victims without having to leave their house and covered by a blanket of anonymity. This lecture will present the benefits and risks of internet usage and strategies for staying safe online.

*Michael Soltys, Ph.D., is a Professor and Chair of Computer Science at CSUCI where he teaches courses in networks and security and computer system security. He received his doctorate from the University of Toronto and was a professor in the Department of Computing and Software at McMaster University. He consults with business and industry in the field of information security for companies like Executek (where he is the director of IT Security) and Algos Consulting LLC. He is a member of the Information Systems Security Association (ISSA) and a member of the Association for Computing Machinery (ACM).*

| Class Nbr | Day              | Time                 | Location                     |
|-----------|------------------|----------------------|------------------------------|
| 1286      | Thursday, June 8 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

## **THE REMARKABLE JOURNEYS OF THE IBN BATTUTA (OLLI 1013)**

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The 14th century Moroccan scholar and traveler Ibn Battuta has been called the Marco Polo of the Islamic world. For nearly 30 years, he traversed much of the eastern hemisphere, traveling over 73,000 miles and visiting territories equivalent to 44 modern countries. His account of those travels has provided us with invaluable and fascinating insights into the peoples and cultures of that time. As we retrace the journeys of Ibn Battuta, we will learn that the world was much more connected in the past than most people think and that globalization is not an entirely new phenomenon.

*Paul Hanson, Ph.D., was twice a Fulbright Scholar in India whose research has focused on Islamic history in South Asia, especially the relationship of religion and political legitimacy. Other national fellowships and awards have enabled him to study in London, Sri Lanka, and Jordan. Winner of the President's Award for Teaching Excellence, Hanson's classes are known for his extensive use of images from his own travels in over 45 countries. He is a founding member of the South Asian Studies Association.*

| Class Nbr | Day               | Time                 | Location                     |
|-----------|-------------------|----------------------|------------------------------|
| 1270      | Thursday, June 8  | 1:00 pm to 3:00 pm   | Broome Library 2325 at CSUCI |
| 1271      | Saturday, June 17 | 10:00 am to 12:00 pm | Smith 1908 at CSUCI          |

[RETURN TO CALENDAR](#)

## THE SOURCES OF STATE LEGITIMACY (OLLI 1023)

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This session will provide an overview of some of the major political philosophies that serve as the moral and philosophical foundations for government and political world views. The course will help all participants to better understand political points of view and the moral assumptions behind them. We will summarize the pertinent aspects of the Enlightenment philosophy, utilitarianism, Marxism, Platonism, and social contract theory. We will then explore how these theories support current political points of view.

*Michael Teasdale received a Bachelor of Arts in Philosophy from University of Massachusetts, Amherst and a Certificate of Advanced Studies in International Economics from the Sorbonne, Paris. He directed theatre for 10 years in Europe, winning the prize for best foreign language play at the Edinburgh Theatre Festival in 1984 for the Voix Humaine by Jean Cocteau. Teasdale then worked for 25 years in international business and healthcare. His last role in business was senior director for Operations Strategy and Excellence for a large biotech firm.*

| Class Nbr | Day               | Time               | Location                     |
|-----------|-------------------|--------------------|------------------------------|
| 1287      | Saturday, June 10 | 1:00 pm to 3:00 pm | Smith 1908 at CSUCI          |
| 1288      | Tuesday, July 25  | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |

## EDUCATION IN FINLAND: ACHIEVEMENT THROUGH EQUITY (OLLI 1014)

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Finnish schools have gained recognition for their achievement in international high-stakes exams, all while the school day is one of the shortest in the world. This lecture will survey key features of Finland's education policy, including philosophy, curriculum, and teacher education while discussing new challenges facing the system.

*Tiina Itkonen, Ph.D., is an Associate Professor of Education and Political Science at CSUCI. Her research focuses on education policy and politics. She has published several research articles internationally, and her book, "The Role of Interest Groups in National Education Policy," won an American Educational Research Association dissertation award. She continues to collaborate in her native Finland, where she holds honorary lecturer positions at the University of Turku and Abo Akademi i Vasa.*

| Class Nbr | Day               | Time                 | Location                     |
|-----------|-------------------|----------------------|------------------------------|
| 1272      | Tuesday, June 13  | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |
| 1273      | Thursday, June 15 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

[RETURN TO CALENDAR](#)

## THE ARTS AND ALZHEIMER'S (OLLI 1008)

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Those with Alzheimer's disease are connecting with their creative spirit through the use of watercolor, movement, music, museum visits, and collaborative art with caregivers, family members, and fellow patients. In this course, we will discuss examples and benefits of arts programming designed for individuals with Alzheimer's. The techniques and philosophies behind these arts projects will be discussed along with ways for caregivers to find respite through the arts. Works of art by Alzheimer's artists will be on view.

*Mary Crescenzo earned a Bachelor of Arts in Education from City University of New York, a Master of Liberal Studies from the University of Oklahoma, and studied art therapy in the graduate program at The College of New Rochelle. She is a master teaching artist and professional development teacher, trainer, curriculum developer, candidate consultant, and founding roster member for Lifetime Arts, a national non-profit fostering arts programming for older adults.*

| Class Nbr | Day              | Time               | Location                     |
|-----------|------------------|--------------------|------------------------------|
| 1258      | Tuesday, June 13 | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |

## CRIMINAL JUSTICE 101: THE PERCEPTIONS AND REALITY OF POLICE WORK (OLLI 1002)

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In this interactive presentation, participants will explore the perceptions and realities of police work. Participants will learn firsthand about the hiring and training of new police officers, the high standards placed upon officers, and the consequences for incidents of misconduct. The class will address the necessity of police and community partnerships in identifying, addressing, and solving crime.

*Gary Amar is a retired commander from the Oxnard Police Department, having served 30 years in the profession. He has nearly 40 years instructional experience in the criminal justice field, teaching at Ventura and Oxnard Colleges, California Lutheran University, and law enforcement institutes.*

| Class Nbr | Day                | Time               | Location |
|-----------|--------------------|--------------------|----------|
| 1248      | Wednesday, June 14 | 1:00 pm to 3:00 pm | VACE     |

[RETURN TO CALENDAR](#)

## **AMERICAN ECONOMIC HISTORY: ROOTS TO RECOVERY (OLLI 1007)**

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Did you know the first American stock exchange was over a barrel head beneath a New York Oak tree? Today the stock market is valued at over 15 trillion dollars! Discover the origin of Wall Street - from humble beginnings to tremendous heights - as we explore the creation of the U.S. economic system and trace its impact on our modern world. Demystify the subject of macroeconomics by learning macroeconomic theory, measurements, and indicators and apply them in a discussion of our past and present. From Alexander Hamilton to Donald Trump, let's have an economic – not political – discussion of America.

*Andrew Conley holds Bachelor of Arts, Bachelor of Science, and Master of Business Administration degrees from CSUCI Martin V. Smith School of Business and Economics, having earned all three degrees the MVS School offers. Conley has been on the staff at CSUCI since 2011 where he currently serves as recruiter. A homegrown talent, Conley is known for his love of CSUCI and the local community.*

| Class Nbr | Day               | Time                 | Location                     |
|-----------|-------------------|----------------------|------------------------------|
| 1256      | Thursday, June 15 | 1:00 pm to 3:00 pm   | Broome Library 2325 at CSUCI |
| 1257      | Thursday, July 13 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

## **GENETICALLY MODIFIED FOODS - LOVE 'EM OR LEAVE 'EM (OLLI 1006)**

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Genetically modified foods have raised fear in consumers, especially after the bruising battle in 2012 over labeling GM foods. In this course, we will examine the issues that stoke the fire of debate, like distrust of large agribusiness and advantages to the consumer or farmer. We will discuss the simple, yet controversial, question: "What is natural?" We will look at claims by pro- and anti-GM food advocates to evaluate the basis of their respective views. We will examine the science of genetic modification and assess the health and environmental impacts.

*Jerry Clifford, Ph.D., has spent over thirty years as a research scientist and educator after receiving his Doctor of Philosophy in Nuclear Physics at Iowa State University. As an Air Force officer, he taught physics at the Air Force Academy, worked on nuclear weapons programs, studied particle beams for President Reagan's Star Wars Program, and worked in the Office of the Secretary of Defense. Before anti-terrorism was in vogue, Clifford worked on new technologies to detect explosives in luggage for airport security. Clifford has been teaching physics and astronomy at CSUCI since 2004.*

| Class Nbr | Day               | Time                 | Location                     |
|-----------|-------------------|----------------------|------------------------------|
| 1254      | Saturday, June 17 | 1:00 pm to 3:00 pm   | Smith 1908 at CSUCI          |
| 1255      | Tuesday, July 25  | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

[RETURN TO CALENDAR](#)



## BEYOND WORDS: HOW NONVERBAL COMMUNICATION INFLUENCES BUSINESS INTERACTIONS (OLLI 1003)

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People make countless judgements of others based on nonverbal cues, such as a handshake or smile, and these cues often form the basis of long-standing inferences about others. This talk explores the various ways nonverbal communication influences interpersonal interactions in a business context.

*Susan Andrzejewski, Ph.D., received her Doctor of Philosophy in Social Psychology from Northeastern University. She is an Associate Professor of Business and Executive Director of the Entrepreneurship and Small Business Institute at CSUCI. Andrzejewski's research lies at the intersection of consumer behavior and social psychology. The foundation of much of this work stems from the idea that psychological principles strongly influence what happens in the consumer marketplace. This work has been published in numerous marketing and psychology journals.*

| Class Nbr | Day              | Time                 | Location                     |
|-----------|------------------|----------------------|------------------------------|
| 1249      | Tuesday, June 20 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

## THE POWER OF NINE (OLLI 1001)

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The nine U.S. Supreme Court justices wield such power that they are protected from public and political opposition through lifetime appointments. They have the ability to interpret laws, keep other branches in check, and alter the direction of the nation, yet most Americans cannot name them, much less understand their personal histories. This presentation will introduce these nine justices whose perspectives and decisions can dramatically affect the course of history.

*Tim Allison, J.D., is a Lecturer in Political Science at CSUCI. He received his Juris Doctorate from the University of Minnesota Law School and his Bachelor of Arts in Economics and Political Science from the University of Minnesota at Duluth where he was named Outstanding Student in Economics. In addition to teaching, Allison has a tremendous practical background in policy and politics, having successfully managed five local campaigns and running for the United States Congress himself.*

| Class Nbr | Day              | Time                 | Location                     |
|-----------|------------------|----------------------|------------------------------|
| 1246      | Tuesday, June 20 | 1:00 pm to 3:00 pm   | Broome Library 2325 at CSUCI |
| 1247      | Tuesday, July 11 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

[RETURN TO CALENDAR](#)

## UNDER THE SEA: THE NAUTILUS EXPLORATION (OLLI 1004)

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With the advent of new technology, the excitement of ocean exploration is now available to everyone. Melissa Baffa will share the amazing images and discoveries made aboard the Exploration Vessel (E/V) Nautilus – a 64-meter research vessel operated by The Ocean Exploration Trust. From exploring deep sea hydrothermal vents in the Galapagos Islands with oceanography pioneer and Titanic discoverer Robert Ballard to diving into the Southern California Borderlands right off of our coast, Baffa will demonstrate how to participate in live deep sea exploration from the comfort of your own home. As an added bonus, watch as the E/V Nautilus conducts its research live before your eyes!

*Melissa Baffa is the development officer for Foundation and Corporate Relations at the Santa Barbara Museum of Natural History. Previously, she was the vice president of Program and Volunteer Services for the Girl Scouts of California's Central Coast, executive director of the Friends of Channel Coast State Parks, executive director of Gull Wings Children's Museum, middle school science teacher, and research associate at Amgen. Baffa was a Science Communication Fellow with the Ocean Exploration Trust from 2015 to 2017 and currently serves on the board of directors of the Ventura County Leadership Academy, Ventura County Women's Political Council, and the steering committee of the Nonprofit Leadership Council.*

| Class Nbr | Day               | Time                 | Location                     |
|-----------|-------------------|----------------------|------------------------------|
| 1250      | Thursday, June 22 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |
| 1251      | Thursday, June 22 | 1:00 pm to 3:00 pm   | Broome Library 2325 at CSUCI |

## THE FISCAL COLLAPSE OF 2008 (OLLI 1015)

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The 2008 financial crisis is considered the worst economic disaster since the Great Depression of the 1930's. This presentation will outline the major causes of the 2008/2009 Great Recession in the United States, covering the fiscal and monetary policy of the U.S. government and Federal Reserve at the time. What early warning signs were ignored by the government which could have prevented this crisis?

*Carlo Ohanian holds a Master of Arts in Economics from the University of Houston and has been an Adjunct Lecturer at California Lutheran University since 1995, teaching courses in money and banking, managerial economics, statistics for managers, operational research, and principles of economics. Ohanian has over 30 years of experience working for Fortune 50 companies in the United States, including Time Warner, Disney, and Bank of America.*

| Class Nbr | Day              | Time                 | Location                     |
|-----------|------------------|----------------------|------------------------------|
| 1274      | Tuesday, June 27 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |
| 1275      | Tuesday, July 18 | 1:00 pm to 3:00 pm   | Broome Library 2325 at CSUCI |

[RETURN TO CALENDAR](#)

## SIX-GUN JUSTICE: THE WESTERN IN BOOKS AND FILM (OLLI 1005)

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Full of six-gun blazing action, the western is an enduring American genre. This lecture and discussion will explore the history and books of western authors from the pulp fiction of Louis L'Amour to Elmore Leonard and other legendary and contemporary western authors. Films from Randolph Scott to John Wayne to Clint Eastwood will be featured, along with western television series from their heyday in the 1960s and 70s.

*Paul Bishop is a recognized expert in the area of western action paperback original novels and their cover art. He is the author of 15 novels and the co-writer of three upcoming western reference works. Bishop is a 35-year veteran of the Los Angeles Police Department, with over 25 years of experience in the investigation of sex crimes. He currently conducts law enforcement related seminars for city, state, and private agencies. He has twice been honored as LAPD's Detective of the Year.*

| Class Nbr | Day               | Time               | Location                     |
|-----------|-------------------|--------------------|------------------------------|
| 1252      | Tuesday, June 27  | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |
| 1253      | Thursday, July 27 | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |

## ETHICAL DECISION MAKING (OLLI 1010)

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Determining the appropriate course to take when faced with an ethical dilemma is complex, sometimes messy, and rarely clear cut. Through lecture and participation in a case study, attendees will explore and attain strategies of ethical decision making, receiving guidance for moving through challenging circumstances with intentionality.

*Genevieve Evans Taylor, Ed.D., currently serves as the Chief of Staff to the President of CSUCI. Within this role, Evans Taylor researches key policy/program matters and directs projects for the President; oversees the Office of the President and the Institutional Research, Planning and Effectiveness Office; and teaches in the School of Education.*

| Class Nbr | Day                | Time                 | Location                     |
|-----------|--------------------|----------------------|------------------------------|
| 1261      | Thursday, June 29  | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |
| 1262      | Wednesday, July 12 | 1:00 pm to 3:00 pm   | VACE                         |

[RETURN TO CALENDAR](#)

## THE PHYSIOLOGY OF EMOTION (OLLI 1018)

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In this lecture, we will explore theories of emotion as they relate to the brain. We will discuss possible functions of emotion, with an emphasis on how emotions can help us make decisions. We will also discuss case studies of individuals that have damaged specific areas of the brain, including the consequences of that damage on emotion regulation and decision-making.

*Andrea Sell, Ph.D., is an Assistant Professor in the Psychology Department at California Lutheran University, teaching courses in cognition, memory, and physiological psychology. As a cognitive psychologist, she focuses on the ways in which the human brain processes language, memory, and thoughts. Her current research examines how memory processes are used to help achieve social goals as well as how our mind's understanding of space is used to understand abstract concepts like time.*

| Class Nbr | Day               | Time               | Location                     |
|-----------|-------------------|--------------------|------------------------------|
| 1280      | Thursday, June 29 | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |
| 1281      | Tuesday, July 11  | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |

## VIETNAM: THE UNENDING WAR (OLLI 1021)

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Although the Vietnam War formally ended for the United States in 1975, it has continued to exert a profound influence over America into the present. The war has been blamed for a host of social and political ills, including sapping America's military resolve, ruining the Democratic Party, and lowering the prestige of the American government. Why a conflict considered so unimportant at the time it was initiated should exert such a long-lasting influence over America is not easy to explain. This class will examine the conflict, influence, root causes, and myths surrounding the Vietnam War that continue to maintain hold over Americans today.

*Clifford Wilcox, Ph.D., received his Doctor of Philosophy in American Intellectual History from the University of Michigan, Ann Arbor. He focuses on American history, particularly the history of ideas, culture, politics, and education in American society. He has been an OLLI instructor since 2011, teaching courses on American culture and history.*

| Class Nbr | Day              | Time                 | Location            |
|-----------|------------------|----------------------|---------------------|
| 1285      | Saturday, July 1 | 10:00 am to 12:00 pm | Smith 1908 at CSUCI |

[RETURN TO CALENDAR](#)

## MENTAL CALISTHENICS FOR COGNITIVE FITNESS (OLLI 1011)

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The brain's prefrontal cortex (PFC) is involved in executive and cognitive functions such as short-term memory, attention, and reason. Neuroimaging and clinical studies have shown that activities such as reading aloud, handwriting, and arithmetic are effective in preventing and reversing cognitive decline. This presentation will discuss a wide range of mental calisthenics for cognitive fitness, their supporting evidence, and emerging research on dementia risks and mitigation.

*BiJian Fan, Ph.D., received his Bachelor of Science and Master of Science in Mathematics and his Doctor of Philosophy in Mechanical Engineering. He spent most of his professional career in pharmaceutical research and development at Merck and Amgen. He has moved on to visual art and has exhibited internationally and earned numerous recognitions. Fan integrates art and science in his creative practice and exhibits and lectures on scientific art internationally.*

| Class Nbr | Day              | Time                 | Location                     |
|-----------|------------------|----------------------|------------------------------|
| 1263      | Saturday, July 1 | 1:00 pm to 3:00 pm   | Smith 1908 at CSUCI          |
| 1264      | Tuesday, July 18 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

## MOBILE PSYCHOLOGICAL SERVICES: THE SCIENCE, THE DANGER, THE HISTORY (OLLI 1020)

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Emergency field response is a vital component of an effective mental health delivery system. Mental health professionals providing mobile psychological services respond to emergency calls from police or the community involving those experiencing a mental health crisis in order to resolve the problem. This talk will trace the history, advantages, and challenges in providing mobile mental health crisis care.

*John Snibbe, Ph.D., received his doctorate at the University of Utah and has worked for the Los Angeles Police Department and the Los Angeles County Sheriff's Department. He managed mobile psychiatric emergency services for Los Angeles County and has worked with the homeless and mentally ill offenders in jails and state hospitals.*

| Class Nbr | Day               | Time               | Location                     |
|-----------|-------------------|--------------------|------------------------------|
| 1283      | Thursday, July 13 | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |
| 1284      | Thursday, July 20 | 1:00 pm to 3:00 pm | Broome Library 2325 at CSUCI |

[RETURN TO CALENDAR](#)

## THE MOGULS WHO INVENTED HOLLYWOOD (OLLI 1009)

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The names are barely remembered - Louis B. Mayer, Sam Goldwyn, Jack Warner, Adolph Zukor. All these film producers came from poor backgrounds in Europe, were strangers in a strange land called America, and went on to create cinematic magic during Hollywood's Golden Age. What made their stories so terrific is they depicted on screen their own dreams of what America was – or should be. A century later, their influence still resonates in tinsel town through such auteurs and Oscar-winning filmmakers like Steven Spielberg, Woody Allen, and Mel Brooks, right up to “La La Land” director, Damien Chazelle.

*Ivor Davis has been a foreign correspondent for London's The Daily Express and The Times of London in a 50 year-long journalistic career. For 15 years, he was an entertainment columnist for The New York Times Syndicate and editor at Los Angeles Magazine. He covered four World Cup Soccer finals for CBS radio. His work has been published in over 75 countries. He has written books about the Charles Manson murders and authored the recent “Beatles and Me on Tour,” a memoir that tells what happened to the world's famous band at a critical moment in rock and roll history.*

| Class Nbr | Day                | Time               | Location |
|-----------|--------------------|--------------------|----------|
| 1260      | Wednesday, July 19 | 1:00 pm to 3:00 pm | VACE     |

## THE POWER OF STEM CELLS (OLLI 1016)

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Stem cells have enormous potential in the areas of disease therapy and regenerative medicine. These unique cells in our body have the capacity to become any cell type given the right conditions. In this presentation, we will discuss the types of stem cells, their advantages and disadvantages, and their current uses and future application. We will explore the most current research on the potential therapeutic uses of stem cells in diabetes, cancer, and neurodegenerative diseases. Graduate students will participate, sharing their research into this exciting field of discovery.

*Nitika Parmar, Ph.D. received her Doctor of Philosophy in Molecular Biology from UCLA and subsequently completed a post-doctoral fellowship at UCLA after which she was appointed as an assistant project scientist. Her prior education was received in India where she completed her Bachelor of Science (Honors) in Biophysics followed by a Master of Science in Biotechnology and Master of Technology in Biochemical Engineering and Biotechnology from the Indian Institute of Technology, New Delhi. Parmar's fields of interest include molecular biology, genetic engineering, and DNA recombinant technology.*

| Class Nbr | Day               | Time                 | Location                     |
|-----------|-------------------|----------------------|------------------------------|
| 1276      | Thursday, July 20 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |
| 1277      | Thursday, July 27 | 10:00 am to 12:00 pm | Broome Library 2325 at CSUCI |

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## **PICTURE BOOKS: BELOVED, BEAUTIFUL, BANNED (OLLI 1019)**

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From “Peter Rabbit” to “Pigeon,” there’s more to picture books than meets the eye. Did you know that picture books have been banned, smuggled out of France on a bicycle, and even inspired movies? If you are thinking about writing your own picture book or want to build a grandchild’s library, we will examine the elements in these classics that keep children entertained over the generations. Over 100 years of the best picture books will be highlighted as you revisit the treasures of your own past literary life and meet some of the best new books of this generation.

*Jody Shapiro* obtained a Master of Library Science at Peabody College in Tennessee and became a children’s librarian in public libraries. In 1978, she founded *Adventures for Kids*, an award-winning children’s specialty bookstore which operated in Ventura for nearly 30 years. She is a published author of two picture books and teaches classes on the subject.

| Class Nbr | Day                | Time               | Location |
|-----------|--------------------|--------------------|----------|
| 1282      | Wednesday, July 26 | 1:00 pm to 3:00 pm | VACE     |

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